

केन्द्रीय विद्यालय संगठन / KENDRIYA VIDYALAYA SANGATHAN (Min. of HRD, Deptt. of Education, Govt. of India) 18-संस्थागतक्षेत्र / 18-Institutional Area शहीद जीत सिंह मार्ग / Shaheed Jeet Singh Marg नई दिल्ली– 110016 / New Delhi – 110016 Tel: 26858570, Fax No. 011-26514179 www.kvsangathan.nic.in Date: 12.04.2019

F.No110355/01/2019-20/KVS(HQ)/SP/NSM

E-mail Only

उपायुक्त केन्द्रीय विद्यालय संगठन समस्त संभाग

Subject -KVS Sports Modalities for the session 2019-20 and onwards -reg:

#### Sir/Madam,

Please find enclosed herewith the KVS Sports Modalities 2019-20 and onwards as guidelines for smooth conduct of KVS Regional/National Sports Meet. You are requested to download and circulate the same to all KVs under your jurisdiction. No hard copy of Sports Modalities will be sent by post.

This issues with approval of the Competent Authority.

Encl: As above

भवदीय,

(डॉ पी॰ देवकुमार) उपायुक्त (शैक्षिक/प्रशासनिक एवं खेल)

Copy to:-

1) PS to Commissioner, KVS. for information

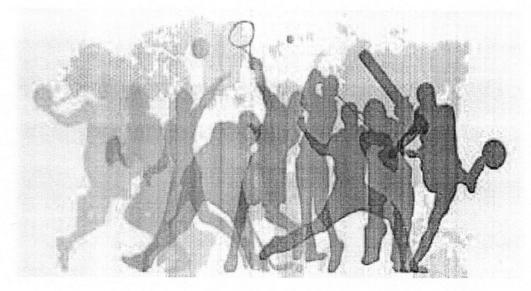
2) PS to Additional Commissioner (Acad.), KVS. for information

उपायुक्त (शैक्षिक/प्रशासनिक एवं खेल) .19 .



# केन्द्रीय विद्यालय संगठन KENDRIYA VIDYALAYA SANGATHAN (HQ), NEW DELHI

## SPORTS MODALITIES (2019-20 & onwards)



18, संस्थागत क्षेत्र, शहीद जीत सिंह, नईदिल्ली -110016 18, INSTITUTIONAL AREA, SHAHEED JEET SINGH MARG, NEW DELHI-110016

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### **SECTION -A**

#### INTRODUCTION

KVS gives equal importance to Scholastic and non-scholastics activities. Games and sports as a co-curricular activity is an integral part of KVS System. It helps students to imbibe the values of team spirit, sportsman ship, self discipline, and also makes the child physically and mentally strong.

To promote sports culture in Vidyalayas, every child has to play/ participate in number of disciplines of his/her choice at various levels. For this KVS Conducts every year sports Meet at different level i.e Vidyalaya level, Regional, National Levels and select its team for participation in SGFI. KVS will be organizing Sport events as approved by the NSCB in its meeting held on 11.07.2018 as per the details given below:

	different leve	1
Sports Meet	Proposed Date	Proposed Games
Vidyalaya Level	December	All Games
Regional Meet(Inter KV)	Up to 30 <sup>th</sup> April	All Games
National Meet	Up to 30 <sup>st</sup> June (Except Cricket)	All Games
Subroto Cup Football	As per schedule	Football forBoys (U-14 & 17) & Girls (U-17)
Jawaharlal Nehru Cup(Hockey)		Hockey Boys( U-15)
National School Games (SGFI)	As per SGFI Calendar	As per KVS Sports Modalities
ISF-WSC /International Participation	As per SGFI/ISF-WSC Notification	As per qualifying for events

#### Tentative schedule for conducting of Sports & Games activity at different level

## <u>Sports Activities</u> <u>for</u> KVS Staff (Male & Female)

KVS Staff Sports Activities Calendar for conduct KVS National Meet will be circulated later on to all Region

#### **REGIONAL (INTER KV) SPORTS MEET**

The Deputy Commissioners will invite entries from all the Kendriya Vidyalayas under their jurisdiction in all Games and Sports (Please refer Section-C) for participation in individual and team events for the Regional Meet:-

The following points should be kept in mind while conducting the Regional Sports Meet.

- (i) Regional Sports Meet should be completed by Regions well in time as per schedule.
- (ii) The Venues for conducting events should be approved/ Verified by the Deputy Commissioner of the Region to avoid any complication at the later stage.
- (iii) Each Regional venue should constitute a selection Committee headed by Deputy Commissioner/Assistant Commissioner of Region and having TGT(PHE)Expert of Event from the concerned Region, Host Principal, one selectors from SAI/Federation/Reputed Players/outsource for each event duly approved by the Deputy Commissioner of concerned Region.
- (iv) The Events / Schedule should be planned in such a way that movement of participants / teams is minimized. The event(s) should be allotted to a Institutes /outsource venue/ Vidyalaya based on the availability of standard and sufficient Sports Infrastructure and local resources as per norms.(Section-J)
- (v) RSCB will ensure Journey plan of participants for 50<sup>th</sup> KVS National Sports Meet 2019 in advance as per KVS Guidelines and entitlement.
- (vi) Playing kit for participants of concerned Region should be planned well in advance and its quality & sizes must be verified by the Authority/ committee before issuing to the participants.

#### SECTION-C

#### Benchmark for team Composition

NSCB in its Meeting held on **11.07.2018**, directed to follow the Benchmark strictly for maintaining the standard & quality of Sports Meet and to avoid the entry of sub-standard Players/ Team at KVS Regional/National/SGFI Participation. The details are as under-

- 1. For Regional(Inter KV) Meet:- Each Region will prepare its own Regional benchmark based on the previous year's performance of the Regional Meet.
- For National Meet:- For National Sport Meet the benchmark will be decided by KVS(HQ) based on the performance of the previous KVS National Sports Meet/SGFI Meet.
- 3. For North East Region- Relaxation of 10% in bench mark will be given to North-East Region (Guwahati, Silchar and Tinsukia) in Timing/Distance/Height/Score/Points of the concerned events.
- **4.** The detail of Individual's bench mark along with events must be mentioned in enclosed eligibility format for participation in KVS National Meet.
- 5. Selection process of Regional team for KVS NSM & SGFI:-
  - (a) Team Events U-14 (Boys & Girls) The winner Vidyalaya team will participate in Regional/KVS National Sports Meet and mixed team will be selected for SGFI Meet. Events are Basketball, Football, Handball, Kabaddi Kho-Kho, Volley Ball, Cricket and Hockey.
  - (b) Team events U-17 (Boys & Girls) The Vidyalaya team will participate at Regional Meet then mixed team (Best player of the Regions) will be selected for the KVS National Sports Meet and for National School Game (SGFI).

The Events are Basketball, Handball, Hockey, Kabaddi, Kho-Kho, Volleyball, Cricket, Football (Boys U-14 & 17) for KVS National Sports Meet.

(c) For Individual/Semi team events in U-14, 17 & 19 age group- The existing system will continue.

#### (d) <u>Subroto Cup Football for Boys(U- 14 & 17) & Girls (U-17)</u>

- i) The Vidyalaya team will participate in KVS Region Sports Meet.
- ii) The KVS Regional winner (Vidyalaya) team Boys (U- 14 & 17) & Girls (U-17)will participate in KVS National Subroto Cup Football Tournament.
- iii) The Winner team (Vidyalaya) of KVS National Sports Meet will participate in Subroto Cup International Football Boys (U-14 & 17) & Girls-(U-17).

#### (e) <u>Nehru Cup Hockey Tournament (Boys U-15)</u>-

- The Vidyalaya team will participate in KVS Region Sports Meet for KVS Nehru Cup Tournament.
- (ii) The Regional (Vidyalaya) winner team will participate in KVS National Nehru Cup Hockey Tournament).
- (iii) The Winner (Vidyalaya) team of KVS National KVS Nehru Cup Hockey tournament will participate in Jawaharlal Nehru Cup Hockey Tournament for Boys U-15.
- (iv) The Standard and decorum of KVS National Sports Meet should be maintained at every level of Sports.

Note- The Members of Winning (School team) team of KVS Subroto Cup Football/Nehru Cup Hockey Meet are withdrawn/dropout / not willing (Three or more players from main playing eleven due to any reason) to participate in Subroto Cup Football/Nehru Cup Hockey then KVS(HQ) will take decision to allow runner-up team to participate in above tournament.

6. All the Deputy Commissioners while sponsoring teams/ players for the KVS National Sports Meet will ensure that the Physical Fitness (Strength, Endurance, Speed coordination) and Skills required for particular event should be checked before selection of player/team and during Coaching Camp at all level. The Physical fitness profile of the students will be one of the parameters during selection at different levels.

### SECTION-D

#### **Coaching Camp**

- The Regional Sports Control Board (RSCB) will plan Coaching Camp, if Required, for Regional team under the guidance of Regional Sports Cell of their Region in the following :

   (i) For Individual events in all categories i.e. Under-14, 17 & 19 for Boys and Girls.
  - (ii) For Team events Coaching Camp for Under-14 & 17 (Boys & Girls) and also for the team selected (School Winner) for Subroto Cup Football U-14 & 17 and Nehru Cup Hockey U-15 Tournament.
- For Under-14 (Boys & Girls) all team events and Under-15 Nehru Cup Hockey & 17 for Subroto Cup Football, the respective Vidyalaya (School Winner) will organized Coaching Camp in their own KV/ Institutes/Sports Academy/SAI Centre or as per feasibility.
- 3. The duration of the Coaching Camp should be decided by the Deputy Commissioner/ RSC of the concerned Region depending upon the need/requirement of the game/event. In no cases Coaching Camp should exceed more than 15 days.
- 4. Coaching Camp should be scientifically planned for all events and necessary Sports Infrastructure / Equipments, Reputed & good quality of Coaches / Trainers should be Hired/provided for purpose.
- 5. Practice matches/Bout should be planned/scheduled by host Principal/Coach/Manager/ RSC at Coaching venue as well as outside the Coaching venue before participating in Tournament/Competitions.
- 6. Study classes should be arranged by the Principal at Coaching Venue for the Students during free time who are attending the Coaching camp to compensate the loss of studies.
- 7. Coaching Camp for KVS teams/Players for Subroto Cup Football / Nehru Cup hockey/SGFI Meet/International participation.
  - (i) It is mandatory to attend Coaching Camp for all selected students / participants of KVS team for SGFI/Nehru Cup/Subroto Cup/ISF-WSC. In case, any Student/player is not attending coaching camp without the approval (Except in unavoidable circumstances) of KVS (HQ) in prescribed format (Attached). He/she will not be allowed to participate in the related competition. The Deputy Commissioner of concerned Region will ensure that all are attending Coaching Camp by the selected participants except in Genuine case. It should be justified by concerned Deputy commissioner of Region.
  - (ii) The Reputed National / International Players / SAI Coach should be engaged/hired at coaching venue for KVS team by the Deputy Commissioner of the Region before participation(**If required**).
  - (iii) Sports Counselling for KVS Team is to be arranged at coaching venue (for one or two Session) by the Deputy Commissioner/Principal of host Region / Vidyalaya (If required).
  - (iv) Region Sports Control Board (RSCB) may approve the Coaching Camp for the Regional team / Vidyalaya team during summer vacation /winter break as per need under supervision of Regional Sports Cell/ TGT(PHE) of the concerned KV.

#### SECTION-E

#### ESCORT TEACHER/ MANAGER/TECHNICAL ASSISTANCE/EVENTS EXPERT AND KVS OBSERVERS-

The following decisions were taken in the NSCB Meeting held on 11.07.2018 for deputation of escort teachers/ Coaches & Manager / Technical Assistance/ Expert of Games / Contingent Manager in SGFI and KVS observer:-

#### 1. Escort Teacher:-

- a- The normal teacher-students ratio is 1:10 However, the Deputy Commissioner of Region will take a decision in this regard to increase the escort. The Ratio may be relaxed as per the requirement of team, venue, situation & distance, mode of transport and Safety & Security of the Students.
- b- All the Regions should ensure that required numbers of escorts are to be sent with the teams/players, while selecting the escorts care should be taken not to depute those teachers who are <u>medically under treatment/unfit/Physically challenged and in</u> the case of female teachers having child below the age of five(5) years, consent in writing should be taken before deputing for escorting /Coaching duty.
- c- For the Contingent/Team of Girls, if the strength is more than five, one male teacher may be deputed along with the female teacher with approval of the deputy commissioner of Region.
  - <u>Contingent Manager</u>:- Contingent manager will not be deputed for KVS National Sports Meet.
  - <u>KVS Observer & Technical Assistant/Expert of Event</u> KVS (HQ) will depute the observers & Technical Assistance/ Expert of Games/Events at various venue as per need/ requirement with approval of the Competent Authority.

## SECTION-F

## SCHEDULE FOR 50<sup>TH</sup> KVS NATIONAL SPORTS MEET 2019

## 50<sup>th</sup> KVS National Sports Meet 2019 will be completed by 15<sup>th</sup> July 2019 (Except Cricket U-14 & 17)

#### PARTICIPATION IN OTHER THAN KVS TOURNAMENTS

- INTERNATIONAL SUBROTO CUP FOOTBALL-14 & 17 (Boys) and & Under-17 (Girls) will participate in upcoming International Subroto Cup Football Tournament (As per KVS instruction).
- 2. **NATIONAL NEHRU CUP HOCKEY –** Winner / Runner of KVS National Hockey U-15 (Boys) Winner team will participate in upcoming Jawaharlal Nehru Cup Hockey Tournament.
- 3. **INTERNATIONAL SCHOOL FEDERATION-WORLD SCHOOL CHAMPION(ISF-WSC)** KVS (Team/Individual) will also participate in ISF-WSC Championship /Asian School Tournament through School Games Federation of India (SGFI).
- FEDERATION/LOCAL TOURNAMENTS- Vidyalaya teams/players may also be permitted to participate in reputed local / Federation tournament / Championship / Competitions at District/ State level organized by the District/State Authorities.
- 5. **PARALYMPICS GAMES-** Students may be allowed to participate in District/ State/National/International Paralympics Sports competition/ Tournament by the Principal/Deputy Commissioner of Region with concern of local organization.
- KIYG/KISG, RFYS/SSPF- Students maybe allowed permitted to participate in Competition/ Tournament organized by Khelo India School Games/ Khelo India Youth Games /Reliance Foundation Youth Sports / School Sports Promotion Foundation etc. All expenditure will be incurred from VVN of Vidyalaya / RSCB of concerned Region.

## SECTION-G

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## 50<sup>TH</sup> KVS NATIONAL SPORTS MEET 2019

OF	<b>EVENTS</b>	AGE GROU	PS & DAYS	ALLOTTED	FOR	CONDUCT	ING OF	RSM & NSM

5. NO.	NAME OF GAME / EVENT	AGE	GROUP- BOYS	5	AG	E GROUP- GIRL	S	TENTATIVE NO. OF DAYS FOR NSM
1	ATHLETICS	14	17	19	14	17	19	4
2	BADMINTON	14	17	19	14	17	19	5
3	BASKETBALL	14	17	NIL	14	17	NIL	5
4	BOXING	14	17	19	14 *RSM	17 *RSM	NIL	5
5	CHESS	14	17	19	14	17	19	5
6	СRIСКЕТ (Т-20)	14	17	NIL	NIL	17 *RSM	NIL	5-7 Days for each age group
7	FOOTBALL	14 (Subroto cup)	17 (Subroto cup)	NIL	14	17 (Subroto cup)	NIL	4
8	HANDBALL	14	17	NIL	14	17	NIL	5
9	НОСКЕҮ	15(U-15 JNH)	17	NIL	14	17	NIL	5
10	JUDO	14	17	19	14	17	19	5
11	KABADDI	14	17	NIL	14	17	NIL	5
12	кно- кно	14	17	NIL	14	17	NIL	5
13	TENNIS	14	17	19	14	17	19	4
14	SHOOTING	14	17	19	14	17	19	4
15	SKATING	14	17	19	14	17	19	4
16	SWIMMING & DIVING	14	17	19	14	17	19	5
17	TABLE TENNIS	14	17	19	14	17	19	5
18	TAEKWONDO	14	17	19	14	17	19	5
19	YOGA	14	17	19	14	17	19	5
20	VOLLEYBALL	14	17	NIL	14	17	NIL	5
21	ARCHERY	14	17	19	14	17	19	5
22	ROPE SKIPPING	14	17	19	14	17	19	5
23	WRESTLING (Free style)		NIL	1	NIL	17 *RSM	19 *RSM	2
24	GYMNASTICS (Floor Exercise)	14 *RSM	17 *RSM	Nil	14 *RSM	17 *RSM	Nil	2

Note-

NO

1. KVS Hockey U-14 (Boys) team will be selected during 50<sup>th</sup> KVS National (Nehru Cup Hockey) Tournament for Boys U-15 to participate in 65<sup>th</sup> NSG (SGFI) 2019.

 KVS Football U- 14 & 17 (Boys) team will be selected (except Winner team) during 50<sup>th</sup> KVS National (Subroto Cup Football) Tournament for Boys U- 14 & 17 and Girls U-17 to participate in 65<sup>th</sup> National School Games (SGFI) 2019.

3. \*RSM- Events will be conducted up to Regional level only.

4. RSCB/Deputy Commissioner will decide days for conducting KVS Regional Sports Meet in their Region as available infrastructures and teams.

## SECTION-H

## GUIDELINES FOR CONDUCTING OF KVS NATIONAL SPORTS MEET

#### I - GENERAL GUIDELINES -

- i) Every host Region should constitute an Organizing and Technical Committees at venue for the smooth conduct of KVS National Sports Meet/Nehru Cup Hockey /Subroto Cup Football Tournament.
- ii) A brief meeting with organizing Committee and Officials of events including escort / coach / manager must be held a day before the start of Meet /Tournament/Competitions in which the Schedule/Draw/Fixture must be drawn / decided in the presence of all escorts/coaches and the Technical Committee of Meet.
- Match/Tournament iii) Team/Players should report at National/Regional venue a day before the to avoid hassles in last minutes.
- iv) Every Participants, Escort/manager/Coach/ Officials, Volunteers, Cooking staff, school staff and workers should be issued ID card by the Host Venue/Vidyalaya/Region/etc.
- v) The Safety and Security consideration should not be compromised at any level at any cost.
- vi) KVS (HQ) will depute team of Officers from KVS (HQ) as Technical Assistance/Expert/ and
- observers for Subroto Cup Football/ Nehru Cup Hockey / KVS National Sports Meet/ NSC(SGFI). vii) There will be no combined ceremony for Opening/Closing function (Except Athletics & Swimming
- Venue) during any level of KVS Sports Meet.

#### **II-SPECIFIC GUIDELINES-**

- KVS/Regional Flag- The host Region of KVS National Sports Meet will arrange and issue Regional Flag & Pole/Pipe to participating Region(s) for Oath / March Past at opening & closing 1. ceremony. The flag size is 4ft x 3ft and the Color of flags will be the same as allotted for playing kit for players of their Region as per details given in Section- O.
- Play Field & Ground-All the Deputy Commissioners of Region are requested to ensure proper maintenance of School play field/ground and Sports Infrastructure. The Vidyalaya may engage 2. daily wages laborer (Grounds men) for maintaining play fields as and when required under the supervision of TGT (PHE)/I/C Sports teacher of Sports.
- Medical & Physical Fitness Certificate- The Medical / Physical Fitness Certificate (RECENT) Doctor must be submitted by Participants / team along with consent letter 3. from registered from parents to his/her respective Vidyalaya and it must be procure in concerned only.
- Parents Consent Certificate- The Consent letter / Willingness (Fresh) Certificate from parents must be obtained by the Principal / TGT(PHE) before participation at any level Tournament / 4. Competition / Sports Meet it must be procure in Vidyalaya.
- Passport & Aadhar Selected Students / Players for SGFI/ISF-WSC/ International must have to submit their passport & Aadhar copy to concerned KV/Region before participating in 5. SGFI/ISF-WSC/International Sports as per SGFI norms(if required).
- Trophies / Medals & Certificate KVS (HQ) will arrange Medals/Trophy/ Shield/ Memento/ Certificates for KVS National Sports Meet for all Games/Events (allotted) for Boys and Girls 6. separately as per the details:-

(i) Trophy/Shield / Memento for event championship i. e 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> Position in Individual U-14, 17 & 19 and for Team events for Under-14, 15 & 17 Boys & Girls separately.

 Gold, Silver and Bronze medal will be distributed to First, Second & Third position winners in all individual & Team events. However, for Boxing, Judo & Taekwondo-Gold for First, Silver for second and Bronze for Third(Two) position (Looser of semifinals).

(iii) Participation Certificate will be given to all participants at all level by the host Region or Certificate may be printed centrally and sent it to all venue for national Sports Meet.

#### 7. Championship-

Overall team Championship will be calculated on the basis of scores/points separately by Region in all individual and team events by host.

#### a) Individual /Team events-

S.	Level of	Participati		Р	ositions 8	& Medals
No.	Meet	on Certificate By host	1 <sup>st</sup> Position	2 <sup>nd</sup> Position	3 <sup>rd</sup> Position	Two (02) Bronze medals will be given to the defeated players of
1	Regional	RSCB	Gold	Silver	Bronze	semifinals in Boxing,
2	National	NSCB	Gold	Silver	Bronze	Taekwondo & Judo event .

#### b) Specifications of Certificate, Medals and Trophy/Memento etc-

S.	Items	Material	Size	weight	Thickness	Remarks
No.						
1	Certificate	Plastic Paper	A-4	N/A	-	-
2	Medals (Gold, Silver & Bronze for all event)	Metallic (Antique Finish )	3.0″	75 to 80 gram	Standard & as per weight	Gold, Silver & Bronze (Copper) Colour With printed Ribbon (2.5 cm X 92 cm )
3	Trophy/Shield/Mem For Team ev For Individu	vent in U-14	4 & 17 (Boy 8 combined (U	& Girls) wi I-14/17/19	ll be given sep 9) Boys & Girls	parately. s only.
2	All the Medals and	Championsl rent Region	nip will be g in deferent	given in a dates.	Il category i.e	e U-14/17/19, if event

 Over all Championship (Included all Individual & Team events) will be awarded after calculation of points based on Gold /Silver/Bronze by KVS (HQ) New Delhi during NSCB/DC conference.

## SECTION- I

## LODGING AND BOARDING (STAY & FOOD) ARRANGEMENT

I- FOOD ARRANGEMENTS:-Each venue Principal/Institute should make proper kitchen arrangement in centre for preparing nutritious and healthy & tasty food in hygienic environment. To ensure neat and hygienic cooking environment the food should be tasted before serve by the Committee/Venue Principal and Staff as well as any official visiting the venue. The Menu for the Meet is given below as :-

## MENU / FOOD CHART FOR REGIONAL /NATIONAL MEET /SGFI CAMP

S. NO.	ITEMS	ITEMS/MATERIALS & QUANTITY
1	Break-fast	<ol> <li>Milk-200 ml or more</li> <li>Breads with butter &amp; Jam</li> <li>Idli &amp; Bada with Sambhar / Chatni/ Dalia/Poha (any one) Or Aloo Parantha &amp; Curd or Puri + Sabji</li> <li>Two pcs. of Bananas or one pcs. of Apple (100gm.) / Seasonal fruits or Eggs Boiled-02pcs.</li> <li>Or Sprouts or dry fruits</li> </ol>
2	Lunch & Dinner	<ol> <li>Chapati (Tawa / Tandoor etc.)</li> <li>Plane Rice / Jeera Rice/Rice Pulab</li> <li>Daal or Razma or Chhole (any one)</li> <li>Mixed Veg (Seasonal veg)/ Kofta / Beson curry</li> <li>Paneer Veg for Vegetarian</li></ol>
		<ul> <li>For lunch &amp; Dinner it is Mandatory</li> <li>6. Salad &amp; Pickle</li> <li>7. Papad (Branded)</li> <li>8. Curd / Rayta</li> <li>9. Sweet dish /Fruits Custard / Kheer/Fruits (any one)</li> </ul>
3	Evening (Snacks & Juice)	<ol> <li>Juice-150-200 MI. (Packed)</li> <li>Snack- Sandwich / Samosa / Aaloo Bonda / Patties = 02 or more (100-150 Gram )</li> </ol>
5	Night (before sleep)	Milk with flavor & Sugar – 200-250 Ml. minimum or more / Ice-Cream – 50-60 Ml. (as per feasibilities/weather)

#### Note:-

- a) The Principal of host venue will provide the same scale / standard of food/meal to all Participants/Escort teacher/PETs/Coaches/Officials and others as mentioned above. No DA will be charged from players/Escorts/Coaches/Officials during Regional/National/SGFI Meet etc.
- b) Non –Veg. may be provided either in Lunch or Dinnerc) As far as possible meal should be served in buffet system.
- d) Proper seating arrangement (Table & Chairs) should be made for Students & Staff in Dining area.
- e) Day wise menu must be displayed on the notice board/ dining area & Kitchen and a copy of the same should be given to every escort teacher.
- f) All branded and packed materials will be used for preparation in Breakfast/Lunch/Dinner/other.

## II- Stay arrangements for Coaching Camp/Sports Meet/SGFI etc.

The following facilities / materials should be provided at venue by Deputy Commissioner of host Region to participants and escorts / Coaches during Sub-Regional / Regional / National Sports Meet /SGFI Coaching Camp & SGFI Meet.

- i) Adequate number of Cots, Mattresses, Bed-sheets and Pillows wit cover, Quilts or Blanket should be provided to participating Students & Teachers where ever required. The bedding should be safe and clean and It should be cleaned or changed when required/requested.
- ii) Clean RO (Pure) drinking water should be provided at Dining area and also at Play (Ground) venue. Further, drinking water dispenser should be provided/kept in room for participants and it should be filled/ replace regularly.
- iii) Fresh running water (Hot water during winter) should be provided for bathing and wash in toilets/ Wash Room.
- iv) Existing toilets may be converted into separate bathrooms and toilets.
- v) All Lights and Fans should be functional and power back-up (Generator) should also be arranged.
- vi) Mosquito coils / repellent and emergency light should be provided to the participants.
- vii) Nylon Rope/Cord/ for drying clothes/Electric Charging Points should be provided to participants.
- viii) Sufficient Buckets and mugs should be provided to the participants.
- ix) Rooms should have curtains for privacy of students, especially for girls.
- x) Toilets should be cleaned thrice a day. Rooms should be cleaned once a day. Cleaning staff should be available 24 hours at in proper dress code & ID card at stay & play venue.
- xi) During Evening/Night some entertainment or Cultural Programme /Celebration of Festival/TV Programme / Video of day activities and matches for students in evening / Night before 10.00 PM.
- xii) CCTV camera and PA system for announcement should be installed in the Vidyalaya /Stay venue and should be monitor by team regularly.

#### SECTION – J

#### **TECHNICAL GUIDELINES**

#### <u>Play Ground/Field/Play Court/Arena, Swimming Pool, Track & Field,</u> <u>Equipments, officials/Referees /Umpires and Competitions-</u>

#### I-Instructions-

- 1. The Regional and National Sports Meet for Athletics must be conducted on synthetic Track. Hockey should also be conducted on the artificial grass / Turf surface.
- 2. Swimming and Diving competition should be conducted in standard pool and at moderate temperature of water.
- 3. The Digital (Scientific) Watch, Photo finish device, starter/Gun should be used during competitions / trials at Regional/National/SGFI level.
- 4. All matches should be Conducted /played on Standard surface/ playing court/ ground as per SGFI/Federation norms of the event/games.
- 5. Skating competition will be conducted on standard Rink to avoid variations of timings of participants.
- Only electronics devices should be used during competition for all kinds of records purpose i.e. time recording, computerized merit list, allotment of lane in Athletics & Swimming, Photo finish devices.
- 7. Video recording should be done of all events in Athletics & Swimming and Quarter/Semi-Final/Final Bout/Match to avoid any dispute.
- 8. All Playing equipments and materials should be of standard quality as approved by Federation/Sports Authority of India to avoid any dispute /injury during competitions.
- 9. It should be ensured that no participant/player/student will allow to participate without proper playing kit and accessories as per norms of event.
- 10. Qualified Referees/Umpires and officials should be engaged from Sports Federation/ Sports University/ Sports Institute for conducting of KVS Regional/National/SGFI Sports Meet etc.

II Tentative requirement of Officials / Umpires / Referees and Play grounds/ Courts for conduct event of 50<sup>th</sup> KVS National Sports Meet-2019-20.

S. No.	Events/ Games	Minimum requirement of Play Ground /Field/ Court /Arena /Ring /Rink etc.	No. of Referees /Umpires /Judges for one ground /court / field /Arena /Ring /Rink required
1	Athletics	1 Synthetic Track & Field (400m)	35-50
2	Swimming & Diving	1 Pool (50M Length )	35-50
3	Football	02	6
4	Kabaddi	2	6
5	Kho-Kho	2	6
6	Basketball	2	6
7	Volleyball	2	6
8	Hockey	2	6
9	Handball	2	6
10	Cricket	2	5
11	Badminton	2	5
12	Table Tennis	4	5
13	Lawn Tennis	2	5
14	Skating	1 Rink	10
15	Shooting	1 Range (8-10 Target )	6
16	Judo	02	8
17	Taekwondo	02	8
18	Boxing	2 Ring	8
19	Yoga	1 Hall	6
20	Rope skipping	2 Arena	6
21	Chess	24 Table	As per Minimum requirement
22	Archery	1 Range (8-10 Target)	As per Minimum requirement
23	Gymnastic	1 set (12X12 M Floor)	As per Minimum requirement
24	Wresting	1 Arena/Bout Floor	As per Minimum requirement

Note- Host Region may increase No. of play ground/ field/Arena/Ring with the approval of RSCB, if required.

## In-<u>Conduct of Tournaments /Competition etc</u>.

(i) The Matches for team events will be played on league cum knockout basis and fixtures should be drawn on scientific method in front of participating team Captains / Manager / Coaches / Escorts etc.

#### (ii) For team events-

- a) Teams will be divided into Two/Four/Eight Pools as per entries of team and fixture will be drawn accordingly.
- b) Top four team (Previous year Semifinalist) of U-14 KVS National Meet may not be in same Pool/group while making fixture for Meet/ Tournament.
- c) The winner of quarter final will qualify for Semi final.
- d) Final match between the winners of semifinals.
- e) In addition to this one hard-line match will be played for 3<sup>rd</sup> & 4<sup>th</sup> Place.
- (iii) The fixture/Match schedule must be communicated to all the Participants, Coaches and Escorts well in advance and the same should also be displayed at prominent Notice board / Places.
- iv) The Organizing Committee will constitute a technical Committee for each events and Jury of appeal for the Tournament/Sports Meet.
- v) Organizing Authority or Principal/TGT(PHE) will ensure that all technical equipments / accessorizes related with events are mandatory to use during matches / competition in KVS National Sports Meet/ Tournament.

Note –If the number of teams (team events ) are seven or less than seven , reported for Regional / KVS National meet ,the tournament will be Conducted on league basis as per norms of Competition. The Deputy Commissioner of the Region to ensure the entries of teams and fix the duration (number of days) for the tournament accordingly and inform the concerned team .

#### IV- Individual events-Competitions/Selection of team/players-

- i) The games i.e. Table-Tennis, Badminton and Tennis will be held as first singles, doubles and second singles, for individual events i.e. Badminton, Table-Tennis and Tennis top four seed will play for individual singles and top five winning students of individual singles can be selected for the next higher level. Regions will invite entries from individual players for Regional level singles tournaments and conduct the Regional level competitions directly. The best four singles players should be deputed for KVS National Meet and Five for SGFI Meet.
- ii) The Merit / Rank of selected players at the Regional level must be decided before declaring the result and same merit list of selected players should be sent to the venue of KVS National Sports Meet with the details of participants eligible for doubles.
- iii) The Matches/Bout/Attempt/Competition for Badminton, Taekwondo, Tennis, Table-Tennis, Judo, Boxing, Rope Skipping, Archery, Athletics, Swimming, Shooting and Chess will be played as per the SGFI rules & norms.
- iv) The Events related with Athletics, Swimming, Rope Skipping, Skating where the time/trial is recorded should be as per the KVS bench mark.
- v) Skaters can opt two races out of three in quad event and three out of four races in Inline events for competition. <u>A player can take part either in quad or In-line</u> <u>events. No player can take part in both events.</u>

vi) Only three participants can take part in KVS National Sports Meet & SGFI in one age group in the event of quad and three participants can take part in KVS National /SGFI in the event of In-line. While selecting the team of participants for quad/In-line, preference will be given to winner of first place / Gold medalist. If the team cannot be constituted with three players who are gold medalists then Silver/Bronze medalist may be selected for higher level. If the gold medalists are more than three, then merit /marks will be calculated as maximum points.

- vii) Rope Skipping the best players are to be selected on the basis of Individual and team performance as per the SGFI norms. The points secured by the participants are to be recorded for further enquiry.
- viii) If the number of participants is less than three, the participation certificate may be awarded to the Individual concerned and he / she may be selected /recommended for next higher level competition after trial. However, his or her physical fitness and playing ability as per norms should be recorded according to the concerned event. No merit certificate, medals and cash award will be given in such cases.

ix) Sele	ection Criteria (team events) for KVS team – Table-A
Team Position	No. of Player to be select
First	Minimum first playing player the games/events
Second	50% of the remaining player after selection from first position
Third	50% of the of the remaining player after selection from second position
Fourth	50% of the of the remaining player after selection from third position

# Note-Selection Committee is also have a discretion of 5% to 10%(+ or -) to select from first to fourth position team.

Example-							Table-B	
Events / Games	Max. No. of Players are required for SGFI	Selectio n from winner team	Selection from I Runner up team	Selectio n from II Runner up team	Selection from III Runner up team	Total Player For team	Standby players will be selected from looser team of Quarter Final matches	Remarks
Basketb all	12	5	4	2	1	12	4	Best players of team will be
Football	18	11	4	2	1	18	8	selected for KVS team
Cricket	16	11	3	1	1	16	8	(as per
Kho- Kho	12	9	1	1	1	12	4	requirement / combination of
Kabaddi	12	7	3	1	1	12	4	game) from team by the
Hockey	18	11	4	2	1	18	8	selection
Handbal	16	7	4	2	2	16	8	committee .
Volleyba	12	6	3	2	1	12	4	Lad and instified

Note- i) The Balance (as per requirement of team composition) team should be selected and justified according to the Game/Event before declaring the list of selected participants. It should be minutely checked and verified by the Deputy Commissioner / Assistant Commissioner and Venue Principal accordingly.

- Performance data of selected students should be analyzed and procured by host Region
   / KV / Venue for record /any query/ justification.
- iii) All selected students should be verified physically at ground before declaration of selected KVS team for further tournament/participation by the selection committee.

## V The Following Guidelines is to be followed for engaging of Referees /Umpires /Officials cum selectors etc.

- (i) Request Letter to be sent to the Federation /Association /Sports Academy/SAI Centre/Sports University with all details & requirement.
- (ii) Letter includes the following detail
  - a) Name of Tournament/Competition.
  - b) Date & venue for Tournament/Competition,
  - c) No. of Referee/Umpire/Officials cum selectors/Arbiters required.
  - d) Details of Expertise for particular Sports events.
  - e) Identity card/ Authority letter issued by Competent Authority of concerned Event/game
- (iii) After receiving the details from concerned Agency/Authority, Estimate & Plan for engagement of the Referee /Umpire/ Officials /Arbiters as per the requirement for per day or No. of match per day.

(iv) Remuneration for Referees/Umpires/Officials cum selectors for conducting Regional/ National Meet will be paid @ **Rs.2000/(Rupees Two thousands)** or as per the Federation's norms but not more than Rs. 2000/-per day or whichever is less.

- (Iv) Letter may be issued to the concerned federation /Association /Sports Academy/SAI
   Centre with number of expertise, dates, time per day or per matches.
- (v) For team events i.e Football, Hockey, Basketball, Volleyball, Handball, Kho-Kho and Kabaddi Minimum three matches to be allotted to each Referee/Umpire for per day, if it is less than three matches in a day the payment should be on pro-rata bases.
- (vi) For Cricket tournament minimum 2 matches a day to be allotted to one Official / Umpire / Referees.
- (vii) For all Individual events (including Kho-Kho & Kabaddi) six hours (3+3 hours) per day.
- (viii) Nature of duty of official(s) Should be rotated as per requirement of events during competitions.
- (ix) Daily records should be maintained of engaged officials /umpires/referees by the Organizer.
- (x) Payment should be made on the basis of No. of days engaged.
- (xi)The mode Payment should be made as per the of KVS norms by organizer.
- (xii) Detail of receipt must be taken and kept in record.
- (xiii) Bills /Voucher should be verified by the Committee.

Xiv) Number of officials cum selectors / Umpires /Referees may be decreased as meet/tournament progresses after quarter finals competition.

# Note: One expert/official of event/game may be invited during the draw for fixture and the conveyance charges may be given as per KVS Norms.

## VI-<u>Calculation of Championship at KVS National level</u> -

- a) The Events /Game Championship will be calculated for (Boys & Girls separately) events by host Region and Trophy will be awarded accordingly.
- b) Overall Championship will be calculated by KVS (HQ) on the basis of Number of Gold/Silver/Bronze Medals won by Region(s) in all events (Boys & Girls separately) by KVS(HQ). First preference will be given to the number of Gold ,than Silver and third is Bronze Medal.
- c) Over all Rank of Regions will also be calculated on the basis of Medals/Points scored by Region up to 3<sup>rd</sup> place in all events. Details as given below-

	Points	
Gold	Silver	Bronze
3	2	1
6	4	2
6	4	2.
	Gold 3 6 6	

#### VII- Eligibilities Certificate & Documents -

- Eligibility Certificates:- Students/teams/KV will submit downloaded list/Form of i) students as submitted in online entry by the concerned KV/Principal/Region at the time of registration for Inter KV/ KVS Regional /National and KVS Subroto & Nehru Cup only.
- For Team events of U-14 & 17 yrs. (Boys & Girls) consolidated list downloaded from online ii) portal will be permitted up to Regional level Event only(RSM).
- Eligibility Certificates in quadruplicate (4 copies) and Passport copy (if required ) in respect iii) of all the students selected for the SGFI / Subroto Cup International Football /Jawaharlal Nehru Cup/ISF-WSC Tournament will be submitted to the Host Region(Coordinating Region)/ Venue Principal (coordinating the KVS Team) for SGFI/ International Subroto Cup Football Tournament /Jawaharlal Nehru Cup Tournament /ISF-WSC Championship participation as per the norms of Sports Meet /Competition.

#### The Passport & Aadhar copy should be submitted before participating in the iv) Subroto Cup/SGFI/ISF-WSC(If Required)

#### Age Groupv)

The details of age-groups and to which the students are eligible to participate in these games from class sixth and above are as under:-

#### AGE CALCULATION FOR GROUP

The details of age-groups and to which the students are eligible to participate in these games from class sixth and above are as under:-

S. No.	AGE GROUP (As on 31/12/2019)	CALCULATION OF AGE (on or after)	AGE PROFF			
1	U-14	01.01.2006	Age of Students/Participants will be			
2	U-15	01.01.2005	verified from Vidyalaya record.			
3	U-17	01.01.2003				
4	U-19	01/01/2001				
5	Subroto Cup Football (Boys14 & 17) & (Girls U-17)	<ul> <li>01/01/2006 for L</li> <li>01/01/2003 for L</li> <li>The date will be calcula</li> </ul>	The Child must be born on or after i.e • 01/01/2006 for Under-14 • 01/01/2003 for Under-17 The date will be calculated as on <b>31/12/2019</b>			
6	Nehru Cup Hockey (Boys U-15)	The Child must be born on or after i.e • 01/01/2005 for U-15 The date will be calculated as on <b>31/12/2019</b>				

#### Important Instructions-

a) Students those are appearing in class 10<sup>th</sup> examination may also be permitted to participate in KVS Regional/National Meet till his / her name is registered in Vidvalava.

under/over underweight b) If any student/participant is found age or /overweight, the responsibilities will be fixed on concerned Vidyalaya/Region.

### SECTION-K

### **Online entry and Data Procurement through Sports Portal**

Previous year KVS has introduced online entry system from Region level to National Sports Meet and data portal. Now, the software has been upgraded and it will apply in this session-2019-20 from the Vidyalaya level to National level for all Sports in mandatory.

All data of the Students related with events / games will be uploaded through online entry portal from Vidyalaya level after verification from original record of concerned Vidyalaya.

### SECTION-L

#### SAFETY AND SECURITY MEASURES

- 1. Safe and secure transport should be arranged for the participating students & escort from stay venue to play venue.
- 2. Fire safety measures must be functional at stay venue and play venue.
- 3. Water tanks, septic tanks, drains and deep pits at the games and stay venue should be closed to avoid any untoward incidents.
- 4. Terrace gate / doors must be locked.
- 5. Security guard and CCTV camera must be functional round the clock at Dining area, Common places and corridor etc.
- 6. Medical facilities /Medical assistance must be arranged at stay & play venue at all times. If any emergency it should be referred to nearby Hospital immediately.
- 7. Electrical switches, wires, electric points and appliances must be checked so that incidents of short circuit etc are avoided.
- 8. Before the games the stay venue should be fumigated and pest control measures be taken. The area should be cleaned and extra vegetation, grass, bushes etc. removed, Cleanliness should be ensured at all times.
- 9. Unwanted visitors must be prohibited at stay & play venue. In case a child has a visitor, the parent/ guardian of the child should be asked to verify be forehand. A visitor turning up suddenly to visit a child should not be permitted in the premises. At any point of time child be allowed to go out without escort and permission of the venue principal. Escorts should have the telephone number of all the students under their care as well as their parents.
- 10.Visitor register should be maintained at stay venue
- 11.Only authorized persons should be allowed for video & photography during Sports Meet.
- 12.Important Contact numbers must be displayed prominently on notice boards and other frequently used places and a copy should be given to all escort teacher.
- 13.24 hour help desk should be available at stay venue so that students/ escort can contact them at any time in case of emergency /any problem.
- 14. The staff helpdesk staff should have telephone facility/ mobile number to contact.
- 15. A Register should be maintain in which complaints are noted along with action taken and date and time of redressed.

## Section- M CASH AWARD

# The following cash awards will be given to the winners in KVS National Meet/ NSG (SGFI)/other tournament as follow-

Tournament/ Meet	Event/ Game			Amount reimburse		
		1 <sup>st</sup> Gold	2 <sup>nd</sup> Silver	3 <sup>rd</sup> Bronze	* 4 <sup>th</sup> Bronze	<pre>_ from Account    /Fund /    Board</pre>
KVS National Sports Meet	Individual	Rs.10,000/-	Rs. 8,000/-	Rs. 5,000/-	Rs. 5,000/-	NSCB
(Included KVS Subroto & KVS Hockey Nehru Cup)	Team (each member)	Rs.5,000/-	Rs.3,000/-	Rs.2,000/-	N/A	
National School Games	Individual	Rs.15,000/-	Rs.12,000/-	Rs.10,000/ -	Rs.10,000/-	NSCB
(SGFI)	Team(each member)	Rs.10,000/-	Rs.7,500/-	Rs.5,000/-	N/A	
Nehru Cup Hockey / SSPF	Individual	Rs.12,000/-	Rs.8,000/-	Rs.4,000/-	Rs.4,000/-	NSCB
/Reputed open Federation Tournament	Team(each member)	Rs.5,000/-	Rs.3,000/-	Rs.2,000/-	N/A	
International level	Individual	Rs.50,000/-	Rs.30,000/-	Rs.20,000/ -	Rs.20,000/-	NSCB
(ISF-WSC)	Team (each member	Rs.10,000/-	Rs.6,000/-	Rs.4,000/-	N/A	
Subroto Cup International Football Tournament	Team (each member)	Rs.10,000/-	Rs.6,000/-	Rs.4,000/-	N/A	NSCB

Note-

1- \*4<sup>th</sup> Position/Place for Boxing, Judo and Taekwondo events only.

2- No cash award will be given to members of team championship of events in Badminton/Tennis

/Table-Tennis/ Chess but medal and certificate will be given to them by host Region.

3- It is mandatory to qualify the bench mark to get cash award for Gold/Silver/Bronze medals

in Athletics/Swimming & Diving/Skating/Shooting/Archery / Rope skipping.

4- A Child who is selected for SGFI Meet but willfully refuses /withdraws to represent KVS in SGFI Meet/Subroto Cup/Nehru Cup is not eligible to get cash award of National Sports Meet.

5- The Principal will verify performance of student before giving cash award to winners of Gold/Silver/Bronze at KVS National Sports Meet.

#### A- Distribution of Cash Awards:-

- (i)- The cash award will be distributed in the Vidyalaya based on the list of winner for Cash Award provided by the host Region(s). The award will be distributed to the winners (Students) in a befitting manner i.e. on the occasion of Annual Day/ Sports Day/ any other function in Vidyalaya/Region.
- (ii)- The Amount of the Cash Award for winner of KVS National School Meet will be given out of NSCB to all Regions.
- (iii)- The Expenditure of the cash award for winner of National School games (SGFI), initially will be incurred from RSCB by coordinating Region and which will subsequently be reimbursed from the NSCB Fund of KVS (HQ).

#### A- Interpretation of cash Award to winner-

(i)- **Individual Events**- Athletics, Archery, Badminton, Boxing, Chess, Judo, Tennis, Shooting, Skating, Swimming & Diving, Table-Tennis, Taekwondo, Yoga and Rope Skipping.

(ii)-Team events- Basketball, Cricket, Football, Handball, Hockey, Kabaddi, Kho-Kho, and Volleyball.

(iii)-The following events shall be treated as team championship of events and cash award will be given to winners. i.e-

a) Doubles of Badminton / Tennis / Table-Tennis.

b) Team events of Yoga, Rope skipping, Relay events of Athletics & Swimming.

(iv)-Cash award will be given to forth position holder (Loser of Semifinals) in Judo, Taekwondo & Boxing.



## Guideline for Expenditures (Advance & Settlement)

#### Expenditure by KV -1.

The Vidyalayas will make the following expenditure on their teams/Players from Vidyalaya Vikas Nidhi (VVN) /School Fund as per following details-

- (a) Expenditure on TA & DA for participating students during the journey period from their respective KV to the Venue of the Regional Sports Meet and back will be met from VVN of KV concerned. Further, in case sufficient fund is not available in RSCB of the Region, then pro-rata expenditure for conduct of Regional Sports Meet (including DA) will be paid by the concerned KV out of their VVN.
- (b) Expenditure on playing kit and playing equipment/ playing accessories etc. for participating students will be met out from VVN of KV concerned up to Regional level participation.
- (c) Expenditure on TA & DA for escorting teacher will be met out from the School Fund of the concerned KV during journey period.
- (d) Expenditure on Participation in SSPF/ local Federation Competition/District Competitions etc.
- (e) TA & DA for Journey period from Vidyalaya to Coaching/Reporting Venue of SGFI/Nehru Cup/Subroto Cup participating as KVS team/ Players will be incurred by concerned Vidyalaya.
- (f) More than 08 hours, the rate will be Rs. 400/-only.
- (g) If Journey period is less than 08 hours, the rate of DA will be Rs.275/- per student
- (h)If not staying overnight and not availing lodging facilities will be paid Rs.275/- per head per day.

#### 2. Expenditure by Region (RSCB)-

- (a) Conduct of the Regional Sports Meet/Tournaments and Regional Coaching Camp in all Games & Sports. In case sufficient fund is not available in RSCB of the Region, then pro-rata expenditure for conduct of Regional Sports Meet (DA) will be collected from the participating KVs by Regional Sports Venue KV.
- (b) Preparation of Play-fields, Playing equipments, Hiring of Shamyana materials, Cot & Mattress / Bed roll for all participants / escorts/ officials etc.
- (c) Purchase of Trophies/Medals/ Memento and Printing of Certificates/ IC Card (If applicable) for participants.
- (d) Playing kit & Playing equipments to participating students/ Teachers/ Coaches/ Managers/ Escort deputed for KVS National Sports Meet.
- (e) Honorarium will be paid @ Rs. 2000/- per day per head as remuneration included a conveyance charge for Officials cum selectors /Umpires & Referees etc. for conducting matches during Regional/National Sports Meet or as per Federation / Association norms but restricted to Rs. 2000/- only
- (f) Maintenance & Development of School play ground for conducting at KVS Regional or KVS National Sports Meet / NSG Meet/ Coaching Camp for KVS team going to participation in SGFI Meet.
- (g) Expenditure on Boarding and Lodging, Regional Coaching Camp, local transportation and TA & DA up to National venue and back for Regional Team/Players at Regional Coaching venue/Collecting Centre of the Region.
- (h) Expenditure on Medical facilities / First Aid etc. during Regional Meet and Coaching Camp / Journey period.
- (I) Cash Award to the winner of KVS National Sports Meet.
- (J) Conducting of Coaching Camp for participation in International Subroto Cup Football / Jawaharlal Nehru Cup Hockey and it will be reimbursed from NSCB.

(k) An amount of Rs. 450/- (Food + Accommodation & Bed roll=Rs.400/- + Cot Rs. 50/-) for Lodging and Boarding arrangements for participating Students/Teachers/Escorting /Coaches teachers etc as per KVS norms. Rs. 50/- is admissible only if cot is given to the Participants otherwise, it is Rs. 400/- per day only.

#### In case of journey-

- More than 08 hours, the rate will be Rs. 400/-only. i-
- If Journey period is less than 08 hours, the rate of DA will be Rs.275/- per student. ii-
- iii- If not staying overnight and not availing lodging facilities will be paid Rs.275/- per head per day.

#### 2. Expenditure by NSCB-

Expenditure on conducting of KVS National Sports Meet will be incurred by the NSCB, KVS (HQ) in the following head-

An amount of **Rs. 450/-** (**Food + Accommodation & Bed roll Rs. 400/- + Cot Rs. 50/-)** for Lodging and Boarding arrangements for participating Students/Teachers/Escorting /Coaches teachers etc as per KVS norms.

- iv- Purchase of Medals, Trophies / Shields, Printing of Certificates etc..
- v- Hiring of tent/Shamyanas and all arrangements for organizing of KVS National Sports Meet in each game will also be met by the NSCB of KVS(HQ).
- vi- Hiring Sports Infrastructure/Play grounds etc. other than KV ground.
- vii- Engagement of Officials cum selectors / Umpires / Referees etc. for conducting Sports Meet.
- viii- All expenditure for Coaching Camp (Not more than 15 Day) i.e Playing Kit, playing Equipments, DA (Loading & Boarding) during Tournament / Competition for International Subroto Cup/ Jawaharlal Nehru Hockey cup Tournament will be incurred/reimbursed from NSCB a/c.
- ix- Honorarium for the officials will be paid as per Association/Federation norms up to a maximum of **Rs.2000/-** per day per head including conveyance charges.

Note- No expenditure will be reimbursed for repairing & maintenance/developing of play ground/field/Arena/ring/ Track and Purchasing of Play equipments /Infrastructure/ Playing accessories etc. from NSCB account of KVS (HQ).

4. Expenditure for KVS team/Player/Teacher participating in National School Games( SGFI) Subroto Cup International Football tournament / Jawaharlal Nehru Cup Hockey Tournament-

- i) Playing kit for participants.
- ii) Playing kit for teachers deputed as team Coach/Manager for KVS Team.
- iii) Track Suit, Shoes & Socks for team Coach/Manager/Contingent Manager/D-Mission of KVS team.
- iv) Blazer/Cot for all members of contingent/team registered for tournament only.
- v) Expenditure on Lodging & Boarding for KVS team /Contingent as per KVS norms.
- vi) Medical-aid, Transportation, Engagement of National or International player /SAI Coach/Sports Counselor etc. for KVS team after approval of RSCB/Deputy Commissioner of host Region.
- vii) Booking of Sports Infrastructure / Play grounds etc. for KVS team during Coaching Camp if required other than KV Ground.
- viii) Cash Prizes for Winners of SGFI/ Subroto Cup Football / Jawaharlal Nehru Cup hockey / Khelo India Games /International level competition if sponsored by KVS(HQ).
- ix) Organizing/Conducting/Hosting of National School Games (SGFI Meet) in KVS after approval of KVS(HQ).
- x) Coaching Camp for KVS Team Participating in SGFI and high level tournament with the approval of KVS(HQ).

#### Note- Food/Transportation bills during journey Period should not be insisted upon from escort teachers for Regional/KVS National /SGFI Sports Meet. Self Certified /Verified bills should suffice. If required verification can be from Students.

#### 5- EXPENDITURE FOR PARTICIPATION IN INTERNATIONAL SCHOOL FEDERATION-

All Expenditure on Transportation/Playing Kit / Registration fee / TA & DA and other contingency charges for participation in Subroto Cup/ Nehru Cup and International School Federation –World School Championship / Tournament as School Team or Individual through KVS/SGFI will be met out from RSCB by concerned Region.

#### **GUIDELINES FOR ADVANCE-**

For conducting the KVS National Sports Meet/SGFI Meet & Coaching Camp for KVS team / International Participation, if Regions (RSCB) don't have adequate funds for incurring the expenditure for organizing National Sports Meet/SGFI Meet/Other international Event, they may take advance under the different heads from NSCB Account.

#### a)- FORMAT FOR SEEKING ADVANCE OF EXPENDITURE-

Name of Region	
Name of Venue/KV	
	Тото.
	Age Group

S.	Heads of		Estima	ited Expe	nditure in Re
No.	Expenditure(Proposed)	No. of Participant s	No. of Days	Rate/ Cost	Amount in Rs.
1	D A (as per KVS Order)				
2	Transport for stay venue to play venue				
3	Hiring of Tents/Shamyana etc.				
4	Hiring of Sports Stadia /Grounds / Equipments other than KVS.				
5	Honorarium for Officials / Referees / Umpires as per norms.				
6	Lighting & PA System				
7	<ul><li>(i) Photography (ii) Video (iii)</li><li>Print Media (iv) Printing of</li><li>Banners/Placard/Flex/Indicators.</li></ul>				
8	Medical expenses				
9	Medals, Trophy & Mementos				
10	Printing of KVS Sports Souvenir (If directed by HQ)				
11	Printing of Sports Certificates, Invitation Brochures, ID-Cards for participants and Badges etc.				
12	Opening Ceremony (Athletic and Swimming)				
13	Cash Awards (Only for NSM/SGFI & ISF)				
14	Miscellaneous expenditure with details				
	Total amount required				
Rupee	es (In word)				
Note-	Details estimated budget should	be enclosed w	ith advanc	e applica	tion asked
for co	onducting Sports Meet/Tourname	nt			

Signature of Finance officer

Signature & seal of Deputy Commissioner

#### )- SUBMISSION OF ACCOUNT-

The consolidated account of final bill should be submitted to KVS (HQ) by the Region within the 30 days from date of completion of Events. Accounts should be submitted with attested bills & Boucher after pre-audited by Finance Officer in the prescribed format.

## d) While submitting the bill following points should be noted:-

- All bills should be pre- audited by the Finance officer and countersigned by the Deputy Commissioner, stamp of pre-audit, Paid & cancelled should also on the consolidated statement of pre-audited & admitted amount.
- All vouchers should be kept at the Venues where the expenditure incurred. The detail showing the head wise, expenditure to be summated to KVS head quarter.

	CK LIST FOR PRE-AUDIT OF BILL FOR RSCB/NSCB/ NSG/COACHING CAMP OF KVS TEAM
1.	Name of K. V. / Region
2.	Name of Sports event conducted (Boys/Girls)
3.	Number of Participants registered
	Number of Escort teachers registered
5.	Number of Pagesenclosed
	Advance taken from RSCB of Rs
7.	Total amount submitted for reimbursement Rs
8.	List of Participants duly signed by the mother school Principal and counter signed by venue Principal
9.	Whether the Kit (sports playing kit ) and other items were provided by the Regional office or venue Princip
	/No .
	Requisitions for all the items duly signed by the in-charge along with date.
11. /	A copy of Supply Order.
12. (	Officer order/circular Letter issued by competing authority for conducting the event. Checking of Purchase procedure if less than Rs. 15000/- relevant certificate as per GFR 2005.
13.	Checking of Purchase procedure in less than Rs. 13000/- relevant certificate us per of it 2000
_	Approval of Chairman on Comparative statement.
	Certificate of CS-41.
	Stamped Receipt for more than Rs. 5000/
	Stock Entry of the items.
	Certificate regarding completion of the work satisfactorily
	Copy of Comparative statement.
20.	Deduction of Tax/TDS etc. as per norms.
	In case of hiring of Transportation (in the absence of PAN) then Income Tax 20% deduction and copy of
vehi	cle registration
22.	No. of vehicles(transport) engaged per day, log inventers-showing per kilometer/ per day
23.	TIN and Bill Number should be mentioned on Bill. In case of DA paid other than venue (during journey etc.) in Train / Bus etc. self voucher may be made dat
24. wise	In case of DA paid other than vehice (during journey etc.) in Hain'y bus etc. sen voulent may a sense and signature of participants.
	Head wise expenditure statement.
	EMD Taken or not.
	Signature of the Principal each and every paper of the Bill.
27.	Copy of reliving order of escort teachers along with strength list participating.
20.	Receipt of the sports kit distribution with signature of students.
	Sports event allotted by KVS
21	Detail of sports infra-structure/facilities hire for the event
37.	Payments receipt engaged infra-structure for meet.
22	Corresponds letters with sports officials/umpire to conduct the event
	No. of officials engaged per day
25	Daily attendance sheet of officials/umpire engaged for the event
<u> </u>	Vouchers of payments made to the officials/umpire (Attested by the Authority)
30.	The copy of the detail fixture (match's scheduled )
37.	Summary of cash award given to winner at NSM/SGFI level
38.	Summary of cash award given to winner at home of home.
	Any others details

## FORMAT FOR SUBMISSION OF EXPENDITURE FOR CONDUCTING KVS NSM

	Detail of expenditures incurred by host Region fo		
	F. No		
	Name of Region		
	Name of Games / Events	. Age & Group	
1-	Detail of Sports Meet-		
(a)-	NSM held from ( date	e) No. Days	5
2-	Participants/Coach/Manager-		
(a)	No. of participants		(enclose the list)
(b)	No. of Coach/Manager	•••••	(enclose the list)
	Total strength		
3-	Expenditure from RSCB fund for NSM -		
(a)	D.A. (Lodging & Boarding) of Participants @ Rs.	per day/per head	d(Actual as quotation)
(/	No. of Days NSM X Rs (Vouc		Rs
(b)	D.A. of Coach/Manager @ Rsper		
(~)	Total No. of Days of NSMX Rs. 400/- =		Rs
		Total (a+	b) Rs
4-	Fransportation hired/ engaged NSM Meet-		
(a)	From(Place) to		
(a)	Amount paid for Transport / Convenes (Voucher		Rs
F	Hiring of Sports Stadia / Infrastructure/Ground/ Ele		
	Name & No. of Infrastructure		
(a)	Stadium/ Infrastructure (Per day/Hours) @ Rs	X No. of days	Rs
(b)	Electronic devices (Per day/Hours) @ Rs	X No. of days	Rs
(c)	Any other (Per day/Hours) @ RsX No. of		Rs
(d)			Rs
	Total (a+b+c+d) amount paid (Voucher.		
	Remuneration paid to Officials/ Referees/umpires	for No. of Days	e3-
(a)	No. of Officials (hired/engaged)	(Voucher No. ) P	
(b)	Total No. Officials @ RsX No. of Days		5
	iring of Light/ PA System/Generator for Power back		De
(a)	For Light X No. day@ Rs@ Rs	(Voucher No)	Rs
(b)	For P A System X No. day@ Rs@ Rs	(Voucher No)	Rs
(c)	For Generator X No. day@ Rs@	(Voucher No)	Rs
		Total (a+b	9+c) Rs
	ing of Tent-age / Shamyana etc.		
(a)	Shamyana X No. of Days X @ Rs		Rs
	Chairs X No. days X @ Rs		Rs
СТ	able X No. of Days X @ Rs		Rs
	No. of Day X @ Rs		Rs
	No. of Day X @ Rs		Rs
(g)	No. of Day X @ Rs		Rs
	Total of (a+b+c+d+e++ (as p	er Voucher. No) Tota	al Rs
9- Med	lical Assistance / First Aid / Ambulance Expenses-		
	ledical Materials(Vouchers /Bills No. )		Rs
(b) A	mbulance Charge X No. of Days X @ Rs	(Bill/Voucher No.)	Rs
© 1	Doctor/Nurse X No. of Days X @ Rs	( Bill/Voucher no )	Rs
	Any other	(Bill/Voucher No)	Rs
(0)	Total (a+b		Total Rs
			Cont

20- Expenditures for Photo & Videograpy/ LCD Display / Banners/ Flex /Publi	city etc.
(a) Photography	Rs
(b) Video graphy	Rs
(c) LCD Display System	Rs
(d) Banners/flex etc	Rs
(e) Any other	Rs
Total of (a+b+c+d+e) (as per Voucher. No) Total Rs	
11- Expenses of Medals/ Trophy/ Memento/Certificate/ Identity Card-	
(a) Medals X No. of Pieces X @ Rs (Bill/Voucher No	. Rs
(b) Trophy X No. of Pieces X @ Rs (Bill/Voucher No	
(c) Memento X No. of Pieces X @ Rs (Bill/Voucher No	
(d) Certificates X No. of Pieces X @ Rs (Bill/Voucher No	Rc
(d) Certificates X No. of Pieces X @ Rs (Bill/Voucher No	Rc
(e) Banners / Flex X No. of Pieces X @ Rs (Bill/Voucher No	1\5 Rc
(f) Identity Card X No. of Pieces X @ Rs	NS
Total of (a+b+c+d+e+f) (as per Voucher. No) Total F	
in this fat a factor	
12- Hiring of Manpower for Meet	and) Be
(a) No. of Labour/Ground man X No. of Days X @ Rs(per day/per he	Eau) NS
13- Cash Award for NSM winner (Team/Individual events wise)-	ad) Re
(a) No. of Gold Medal X @ Rs (as per winner list enclose	Rs
(b) No. of Silver Medal X @ Rs	Rs
(c) No. of Bronze Medal X @ Rs	Rs
Total (a+b+c)	N3
14- Expenditure of Opening & Closing Ceremony (Athletics Only)-	
(a)	
(b)	
©	Da
Total (a+b+c)	Rs
15- Any other Miscellaneous Expenditure-( with justification & vouchers)	_
(a)	Rs
(b)	Rs
Grand Total (Column -1 to 115)	Rs
(Rupees in words	)

Note- Attested copies of Bills & Vouchers are to be submitted Original will remain at venue where the expenditures incurred.

Sign. of venue Principal

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#### CERTIFICATE OF VERIFICATION

This is to certified that above information of expenditure / bills/ Vouchers have been physically verified and checked by the Committee and found correct as per original.

In-charge Regional Sports Cell (TGT-PHE)

Pre-audited by

Signature & Seal of Finance officer(RO)

Signature of Deputy Commissioner

Assistant Commissioner(Sports)

#### FORMAT FOR SUBMISSION OF EXPENDITURE FOR SETTLEMENT

Summery of expenditures incurred for Coaching Camp/Participation in SGFI/Conduct of SGFI/Nehru Cup Hockey/ International Subroto Cup Football / ISF-WSC Tournament wide KVS (HQ) letter No.

Name of Host Region	Host Ve	nue/KV
Name of Game/Event		Boys/GirlsAge
		Nia of Davia

## Date of Sports Meet ..... No. of Days.....

#### 1. Expenditure of D.A. -

S. No.	Participants	Strength	No. of Days	DA @ Rs.	Total amount in Rs.
a)	Students				
b)	Coach				
c)	Manager/D-Mission				
d)	Others				
	Total				

#### 2. Expenditure from RSCB fund for SGFI Camp and Participation in SGFI as per Sports Modalities -

S. No.	Particulars	Strength	Cost @ Rs./- Per	Total amount in Rs.	Remarks
a)	Students				per students /coache
b)	Coach				amount for
c)	Manager				Sports kit should
d)	D-Mission				be calculated
	Total				

#### 3. Transportation hired/ engaged for Coaching Camp & SGFI Meet-

J. 1141	isportation mie					D 1
S. No.	Particulars	Quantity (Set)	No. of Days	Charge per/Day Rs.	Total Amount	Remarks
a)	Bus					Mode of
b)	Mini Bus					transports use
c)	Van					
d)	Car/Taxi					
	Total					

#### 4. Remuneration/ Amount paid to Coaches / Officials / Counsellor engaged from Outsources-

S. No.	particular	Numbers	No. of Days	Charge per day@ Rs.	Total Amount	Remarks
a)	Coaches					As per sports
b)	Counsellor					modalities
c)	Grounds Man/ La					reported
d)	Doctor/Nurse					coaches /
	Total					counsellor engaged

#### 5. Sports Infrastructure booked/Hired(outsources) -

S. No.	Infrastructure	Quantity	No. of Days	Charge per day@ Rs Total Amou	nt Remarks
a)					The Infrastructur
b)					Other than
c)					KVs ,rent paid fo Coaching camp
d)					Coaching camp
	Total				

#### 6. Registration fee/ charges paid for SGFI and Miscellaneous\_

S. No.	Infrastructure	Quantity	Fee	Charge per day@ Rs.	Total Amount	Remarks
a)						Registration
b)						charges Paid
c)						Per students
d)						as per
	Total					SGFI Norms
7.	Medical Expens	es for KVS T	eam			
	Mention the Deta	ils of Medical E	xpenses ,if any		Total Amount	
8.	Miscellaneous Ex	penditure, if an	у			

#### Signature of In-charge (TGT-PHE)

Signature of Assistant Commissioner(Sports)

Signature of Finance Officer Checked and Verified/Pre-audited by-

Sign. of the Deputy Commissioner of Region

#### DETAILS OF EXPENDITURES IN KVS NATIONAL SPORTS MEET /SGFI & OTHER TOURNAMENT

#### Sl. No. 1 - Registrations of Team/Player/Official/Escorts-

No. of Students	No. of Escort / Coaches	No. of Official engaged	Total
no. or beauones	/ Teachers		

#### Sl. No. 3- Transportation -

		Vehicle	s/Buses engage	d		
S.	Dates	No. of Buses per	Purpose	Но	Total	
No.		day		Morning(A M)	Evening(P M)	

Sl. No. 4 - Honorarium for Officials /Umpire/Referee/Selectors/Grounds Man/Labours etc.

	Deta	ils of Man p	ower engaged	/ Hired		Remarks
Events Conducted	Days					
		Officials	Selectors	Grounds Man/Labours	Total	
	Day -1					
	Day -2					
	Day -3					
	Day -4					
	Day -5					
	Day -6					
	Day -7					
	Day -8					

Sl. No. 9- Hiring of Sports Infrastructure/Play field (other than KV)

		In	frastructures		
S.	Name of Events	Dat	es	No. of Days	Quantity
No.		From	То		

Note- Please enclose schedule and fixtures of matches.

Verified by

Regional Sports Cell

Assistant Commissioner(Sports)

#### SECTION- O Colours for Regions

## 50<sup>TH</sup> KVS NATIONAL SPORTS MEET 2019

S. No.	REGION	THE REGIONS/CONTINGENT- ALLOTED COLOURS & ITS COMBINATION WITH SUBLIMATION
1	ARGA	BOTTLE GREEN WITH ORANGE
2	AHMEDABAD	RED WITH GREEN
3	BANGLORE	MAROON WITH YELLOW
4	BHOPAL	YELLOW WITH GREEN
5	BHUBNESWAR	LIGHT SKY BLUE WITH NAVY BLUE
6	CHANDIGARH	GREY WITH GREEN
7	CHENNAI	RED WITH WHITE
8	DEHRADUN	NAVY BLUE WITH RED
9	DELHI	BOTTLE GREEN WITH YELLOW
10	EARNAKULAM	NAVY BLUE WITH YELLOW
11	GUWAHATI	NAVY BLUE BASE WITH SKY BLUE
12	HYDERABAD	MAZANDA WITH BLUE
13	JABALPUR	MAZANDA WITH GREEN
14	JAIPUR	ROYAL BLUE WITH WHITE
15	JAMMU	ROYAL BLUE WITH BLACK
16	KOLKATA	BOTTLE GREEN WITH RED
17	LUCKNOW	BOTTLE GREEN WITH WHITE
18	MUMBAI	GREEN WITH BLUE
19	PATNA	RED WITH BLUE
20	RAIPUR	MAROON WITH WHITE
21	RANCHI	LIGHT BLUE WITH BLACK
22	SILCHER	GREY WITH WHITE
23	GURGAON	SKY BLUE WITH WHITE
24	TINSUKHIYA	GREEN WITH WHITE
25	VARANASI	NAVY BLUE WITH ORANGE

Note:-

I. Sublimation design is permissible on playing Kit & Track Suit.

II. The Colors of Playing Kit & Track Suit of KVS team for participating in SGFI will be Navy Blue base with sublimation colors.

III. The Colors of Blazer will be Navy blue with KVS crest only.

#### SECTION - P

#### **REGIONAL SPORTS CELL**

#### 1- Duties and Responsibilities of KVS Regional Sports Cell (RSC)

- a. Maintaining the records of Sports Infrastructures in Region.
- b. Maintenance of Profile of TGT (PHE), Contractual Sports Coaches & Yoga expert etc.
- c. Records of all Students participated in KVS NSM, SGFI, International and other than KVS Sports Competition etc.
- d. Profile of Top Sports achievers (Students/Teachers) at National and International level.
- e. Record of expenditure on Sports development, Organizing of Sports Meet /Tournament/Competition etc.
- f. To coordinate /communicate with all concerned KV of Region and National Sports Cell (HQ) etc.
- g. A Meeting of TGTs (PHE) once in a year at Regional level under chairmanship of Deputy Commissioner.
- h. Collection, Analysis and submission of all the data related with Sports & Games should be communicate to KVs/Region(s)/KVS(HQ) as and when it is required.
- i. Supervision of KVS Regional/National/SGFI/other tournament and submission of report to the concerned Sports Cell/KVS (HQ).
- j. Planning for development of Sports, Coaching Camp for Regional/ Vidyalaya team/players during Summer vacation, Winter and Autumn break with approval of RSCB.
- k. Monitoring of scheduled activities of Fitness Programme (SBSB), procure and forwarding compiled data to KVS (HQ) of respective Region.
- Any Disputes/ Queries / Clarification / RTI related with KVs / Regional Sports Meet/ Regional Coaching Camp / Selection etc. should not be referred /sent / forwarded to KVS(HQ).
- m. In-Charge of Regional Sports Cell (TGT-PHE) may visit Venue during Regional Sports Meet after approval of by the Deputy Commissioner of Concerned Region.
- n. All Queries / Clarification / Dispute related with sports should be settled /solved / Replied at Regional level only by TGT(PHE)/Principal/Assistant Commissioner(Sports)/Deputy Commissioner of concerned Region accordingly.

## **REGIONAL SPORTS CELL (RSC)**

S. No.	Region(s)	ACT OF IN-CHA Assistant Commissioner	Mobile Number	TGT(PHE)-1	Mobile	TGT(PHE)-2	Mobile
1	ARGA	DR. M L MISHRA	09102669326	SH. S K MAURYA	09412316970	SH. PUSHPENDER SINGH	08869847463
2	AHMEDABAD	SH. R M BHABHOR	09428514067	SH. SHAKTI SINGH PARMAR	0942780227	SMT. NIKHAT MALIK	07878485050
3	BANGALORE	DR. A K MISHRA	09108501957	SH. P R RATISH	09481185117	MS. NEELAM GAUR	09449817183
4	BHOPAL	MS. RANI DANGE	09904703160	SH. AJAY WARATHE	09424401031	SH. AMIT RICHHARIYA	09630952596
5	BHUBANESWAR	SH. AVLI RAO	-	SH. S R MISHRA	09438360483	SH. S K NANDA	09437278013
6	CHANDIGARH	MS. T RUKMANI	09876973775	SH. K S SANGA	09316049060	SH. AMIT TOMARR	07587071676
7	CHENNAI	SH. R SENTHIL KUMAR	09435025907	DR. CHANDRASHEKAR	09443684029	SH. T R VEERA	09443430174
8	DEHRADUN	MS. ALKA GUPTA	08264650404	SH. PARITOSH VAIDH	09805256220	MS. BARKHA RATAN	09997864942
9	DELHI	MS. PALLAVI SHARMA	09532141379	SH. AMIT SHARMA	09911105978	MS. KAMLESH	08860315241
10	EARNAKULAM	MS. DEEPTI NAIR	09462450018	SH. BINU ASHOKAN	09497165430	SH. RAJESH K	09388706124
11	GURGAON	MS. K R CHUGH	01242307499	SH. SAURABH VISHWAKARMA	08700489700	MS. PRIYA RAGHUVABSHI	09899047484
12	GUWAHATI	SH. V K SINGH	09457077888	SH. YAKUB TOPANO	09085887822	SH. MEGHA SINGH	07896257810
13	HYDERABAD	DR. D MANJUNATH	09954830825	SH. SURYA PRAKASH	09704467776	SH. BVD PAWAN KUMAR	08106521169
14	JABALPUR	MS. SHAHIDA PARVEEN	09966000672	SH. NEEMESH SHRIVASTAVA	08889124111	SH. SARVESH PANDEY	09827367063
15	JAIPUR	SH. D R MEENA	09530494111	SH. K R MEENA	07073849898	SH. SANDEEP SHARMA	09351356404
16	JAMMU	SH. T R CHAUDHARY	09419265912	SH. MANJEET SINGH	09419109511	SH. SUNEEL KUMAR	09419191300
17	KOLKATA	DR. SHIHARAN BOSE	09674996577	DR. A K PAUL	09474695022	MR. APURBA ADHIKARY	09434873773
18	LUCKNOW	DR. ANURAG YADAV	09675355522	SH. S N MISHRA	09838739242	SH. JATENDER SINGH	07005851367
19	MUMBAI	SH. G A NARASIMHAM	9594333195	SH. DINESH B CHAPANE	09096645450	SH. S K WALE	09969191163
20	PATNA	SMS. SOMA GHOSH	09534076217	DR. GYAN PRAKSH	09955217788	SH. GAURAV KUMAR SINGH	09839922956
21	RAIPUR	SH. D VENKATESWARLU	09550025755	SH. SANJAY BISON	09425832200	SH. K K CHANDRAKAR	09826189715
22	RANCHI	SH. VENKATESWAR PRASAD	08511464432	SH. B K MISHRA	09431319355	SH. A K MINZ	08789046770
23	SILCHER	SH. T. PRABHUDAS	08762665990	SH. UMANAND SHARMA	09957393098	SH. VINANJAY REANG	07974405591
24	TINSUKIA	SH. S V JOGLEKAR	08275183156	SH. VIVEK PAL	08054823074	SH. TARUN KUMAR TIWARI	08299107585
25	VARANASI	MS. MEENAKSHI JAIN	07705011963	SH. ASHWANI KUMAR	09026614242	SH. S L S YADAV	09455223520

## <u>APPENDIX – I</u> Age Group & No. of Participants

## 1. ATHLETIC(Track & Field )-

			Under	- 14			Under				Under	Girls	
SI.	Event	Boys	Unuel	Girls		Boys		Girls		Boys			
No.		No. of Participants up to KVS National	For SGFI	No. of Participants up to KVS National	For SGFI	No. of Participants up to KVS National	For SGFI	No. of Participants up to KVS National level	For SGFI	No. of Participants up to KVS National level	For SGFI	No. of Participants up to KVS National level	For SGFI
		level		level		level	2	2	2	2	2	2	2
1	100 M	2	2	2	2	2	2	2	2	2	2	2	2
2	200 M	2	2	2	2	2	2	2	2	2	2	2	2
3 4	400 M 600 M	2 2	2 2	2 2	2	2 No Event	No Event	No Event	No Event	No Event	No Event	No Event	No Even
5	80 M	2	2	2	2	No Event	No Event	No Event	No Event	No Event	No Event	No Event	No Ever 2
	hurdle	2	2	2	2	2	2	2	2	2	2		2
6	High jump	2	2	2	2	2	2	2	2	2	2	2	2
7	Long jump	2	2	2	2	2	2	2	2	2	2	2	2
8	Shot put Discus	2 2	2	2	2	2	2	2	2	2	2	2	
	throw				No	2	2	2	2	2	2	2	2
10	800 M	No	No	No Events	Events	2	2	2	2	2	2	2	2
11 12	1500 M 3000 M	Events	Events	Events	Events	2	2	2	2	No Event	No Event	2	2
14	100 M	-				No Event	No Event	2	2	No Event	No Event	2	2
	hurdle					2	2	2	2	2	2	2	2
15	Triple jump					2	2	2	2	2	2	2	2
16 17	Pole Vault Javelin	-				2	2	2	2	2	2	2	2
18	throw Hammer	_				2	2	2	2	2	2	2	
10	throw 3 km walk	-				No	No	2	2	No Event	No Event	2	
20	5 Km walk					Event 2	Event 2	No Event	No Event	2	2	No Event	N Ev
20	110 M	-				2	2	No Event	No Event	2	2	No Event	N Ev

22	400 M	No	No	No	No	2	2	2	2	2	2	2	2
22	hurdle	Event	Event	Event	Event				-	1	4	4	4
23	4x100 M	4	4	4	4	4	4	4	4	4			in the second
25	relay							4	1	Δ	4	4	4
24	4x400 M	No	No	No	No	4	4	4	4	-			
21	relay	Event	Event	Event	Event			No	No	2	2	No	No
25	6 km Cross	No	No	No	No	No	No	Event	Event	-		Event	Event
	Country	Event	Event	Event	Event	Event	Event	No	No	No	No	2	2
26	4 km Cross	No	No	No	No	No	No	Event	Event	Event	Event		
	Country	Event	Event	Event	Event	Event	Event	Lvent	Lvent				

2

Note- An athletes can participate in maximum three (03) Events besides the relay events.

## <u>APPENDIX – II</u>

	S- SPECIFICATION OF EQU		Boys			Girls	
. No.	Equipments				U-14	U-17	U-19
	Weight/ Height	U-14	U-17	U-19	0-14	01/	
		0.762 M	N/A	-	0.762 M	-	-
1	80 M Hurdles	0.762 101		_	-	0.762 M	0.762 M
2	100 M Hurdles	-	-			_	-
3	110 M Hurdles	-	0.914 M	0.914 M	-	0.762.04	0.762 M
			0.838 M	0.838 M		0.762 M	
4	400 M Hurdles			5.0 Kg	3.0 Kg	3.0 Kg	3.0 Kg
5	Shot Put	4.0 Kg	5.0 Kg		1.0 Kg	1.0 Kg	1.0 Kg
6	Discus Throw	1.0 Kg	1.5 Kg	1.5 Kg	1.0 Kg		
			5.0 Kg	5.0 Kg		3.0 Kg	3.0 Kg
7	Hammer Throw	-			_	500 Gram	500 Gram
8	Javelin Throw	-	700 Gram	700 Gram			I

## <u>APENDIX – III</u>

## 2. SWIMMING & DIVING - Number of Participants and Events for KVS Regional/National & SGFI-

SI. No.	Event		Unde	er — 14			Unde	er – 17			Unde	er – 19	
NO.		Boys		Girls		Boys		Girls		Boys		Girls	
		KVS National Meet	SGFI Meet										
1	50m free style	2	2	2	2	2	2	2	2	2	2	2	2
2	100m free style	2	2	2	2	2	2	2	2	2	2	2	2
3	200m free style	2	2	2	2	2	2	2	2	2	2	2	2
4	400m free style	2	2	2	2	2	2	2	2	2	2	2	2
5	50m back stroke	2	2	2	2	2	2	2	2	2	2	2	2
6	100m back stroke	2	2	2	2	2	2	2	2	2	2	2	2
7	200m back stroke	2	2	2	2	2	2	2	2	2	2	2	2
8	50m Breast stroke	2	2	2	2	2	2	2	2	2	2	2	2
9	100m Breast stroke	2	2	2	2	2	2	2	2	2	2	2	2
10	200m Breast stroke	2	2	2	2	2	2	2	2	2	2	2	2

11	50m	2	2	2	2	2	2	2	2	2	2	2	2
11	Butterfly	2	2							2	2	2	2
12	100m Butterfly	2	2	2	2	2	2	2	2	2			
13	200 m	2	2	2	2	2	2	2	2	2	2	2	2
14	Butterfly 200m	2	2	2	2	2	2	2	2	2	2	2	2
	Ind. Medlay												
15	High	2	2	2	2	2	2	2	2	2	2	2	2
16	Board High Board	2	2	2	2	2	2	2	2	2	2	2	2
17	1 M Spring Board	2	2	-	-	-	-	-	-	-	-	-	-
18	1M Spring Board	2	2	2	2	2	2	2	2	2	2	2	2
19	3M 4x100m free style	4	4	4	4	4	4	4	4	4	4	4	4
20	relay 4x100m Medlay	4	4	4	4	4	4	4	4	4	4	4	4
21	relay 800m	-	-	-	-	2	2	-	-	-		2	2
22	free style 400m	-	-	-	-	2	2	2	2	2	2	2	2
	Ind. Medlay										2		-
23	1500m free style	-	-	-	-	-	-	-	-	2	2	-	

Note- A Swimmer may participate in three events besides the relay events-

#### <u>APPENDIX – IV</u>

#### 3. BOXING- NUMBER OF PARTICIPANTS, EVENTS, WEIGHT CATEGORY FOR REGIONAL / NATIONAL / SGFI MEET -

S. No.		Un	der – 14			Unde	er – 17		Under –	19 Boys
	Weight in Kg. for Boys	No. of Participants	Weight in Kg. for Girls	No. of Participants	Weight in Kg. for Boys	No. of Participants	Weight in Kg. for Girls	No. of Participants	Weight in Kg. for Boys	No. of Participants
1	28-30	1	30-32	1	42-46	1	38-42	1	42-46	1
2	30-32	1	32-34	1	46-48	1	42-44	1	46-49	1
3	32-34	1	34-36	1	48-50	1	44-46	1	49-52	1
4	34-36	1	36-38	1	50-52	1	46-48	1	52-56	1
5	36-38	1	38-40	1	52-54	1	48-50	1	56-60	1
6	38-40	1	40-42	1	54-57	1	50-52	1	60-64	1
7	40-42	1	42-44	1	57-60	1	52-54	1	64-69	1
8	42-44	1	44-46	1	60-63	1	54-57	1	69-75	1
9	44-46	1	46-48	1	63-66	1	57-60	1	75-81	1
10	46-48	1	-	-	66-70	1	-		81-91	1
11	48-50	1	-	-	70-75	1	-	-	91 Kg.	1
12	-	-	-	-	75-80	1	-	-	-	-
13	-	-	-	-	80 Kg.	1	-	-		-
Total		11		09		13	-	09		11

#### APPENDIX – V

#### 4. JUDO -

S. No.		Und	er – 14			Unde	r – 17			Un	der – 19	
	Weight	Boys	Weight	Girls	Weight	Boys	Weight	Girls	Weight	Boys	Weight	Girls
1	21-25	1	18-23	1	35-40	1	31-36	1	36-40	1	32-36	1
2	25-30	1	23-27	1	40-45	1	36-40	1	40-45	1	36-40	1
3	30-35	1	27-32	1	45-50	1	40-44	1	45-50	1	40-44	1
4	35-40	1	32-36	1	50-55	1	44-48	1	50-55	1	44-48	1
5	40-45	1	36-40	1	55-60	1	48-52	1	55-60	1	48-52	1
6	45 -50	1	40-44	1	60-66	1	52-57	1	60-66	1	52-57	1
7	50+	1	44+	1	66-73	1	57-63	1	66-73	1	57-63	1
8	-	-	-	-	73-81	1	63-70	1	73-81	1	63-70	1
9	-	-	-	-	81-90	1	70 Kg.	1	81-90	1	70 Kg.	1
10	-	-	-	-	90 Kg.	1	-	-	90 Kg.	1	-	-
Total		7		7		10		9		10		9

#### 5. KABADDI-

Kabaddi		Group			Under – :	14			Under –	17
Weight	Category	Boys	Below -	51.0 Kg	Court	Size- 11X8 M	Below -	55.0 Kg	Court	Size- 12X8 M
& Court		Girls	Below -	48.0 Kg	Size	Size- 11X8 M	Below -	55.0 Kg	Size	Size- 12X8 M

### APPENDIX - VI No. of Participants, Events & Weight Category (In Kg.) for Regional/National/SGFI

#### 5. TAEKWONDO-

			14			Under	- 17			Under ·	- 19	
s.		Jnder –						Girls	Weight	Boys	Weight	Girls
No	Weight	Boys	Weight	Girl	Weight	Boys	Weight	Giris	Weight			
				S		+	20.22	1	42-45	1	36-40	1
1	18 kg	1	16 Kg.	1	31-35	1	29-32		45-48	1	40-42	1
2	18-21	1	16-18	1	35-38	1	32-35			1	42-44	1
3	21-23	1	18-20	1	38-41	1	35-38	1	48-51	1	44-46	1
	23-25	1	20-22	1	41-45	1	38-42	1	51-55	1		1
4		1	22-24	1	45-48	1	42-44	1	55-59	1	46-49	
5	25-27	1	24-26	1	48-51	1	44-46	1	59-63	1	49-52	1
6	27-29	1		1	51-55	1	46-49	1	63-68	1	52-55	1
7	29-32	1	26-29	1	55-59	1	49-52	1	68-73	1	55-59	1
8	32-35	1	29-32	1			52-55	1	73-78	1	59-63	1
9	35-38	1	32-35	1	59-63	1	55-59	1	78 Kg	1	63-68	1
10	38-41	1	35-38	1	63-68	1		1			68 Kg.	1
11	Above 41 Kg	1	Above 38	1	68-73	1	59-63	1			ee rig:	-
12	-	-	-	-	73-78	1	63-68	1	-			
13		-	-	-	78 Kg	1	68 Kg	1	-			11
13	Total	11		11		13		13		10		

# <u>APPENDIX – VII</u> 6. SKATING- No. of Participants, Events & Distance for Regional/National/NSG(SGFI)-

. SKATING- NO. OF PART	cipanto, Evento o	Quad.	0 .			Inline	
Under – 14 year			Road Race	Rink III	Rink IV	Rink V	Road Race
Events for Boys & Girls	Rink I	Rink II			1000 M	Road Race -II	Road Race –II
Distance in Meters	500 M+ D	1000 M	2000 M	500 M+ D	1000 101	(1 Lap)	2000 M
Crown	Boys		Girls	Bo	oys	G	irls
Group	1		02	03		03	
No. of Participants	03		03				

11 Jan 17 9 10 yoor		Quad.				Inline		
Under – 17 & 19 year	Rink I	Rink II	Road Race	Rink III	Rink IV	Rink V	Road Race	
			3000 M	500 M+ D	1000 M	Road Race-II	3000 M	
Distance in Meters	500 M+ D	1000 M	5000 101	500 111 2		(1 Lap)		
Group	Boys		Girls	Во	ys		irls	
No. of Participants	03		03		3	03		
Under – 17 year Under- 19 year	03		03	0	3	(	03	

#### APPENDIX - VIII

#### 7. No. of Participant & age group for Individual & Team Events -

S. No.	Game/Event		U	nder-14				der-17				nder - 19	Girls
		Bo	oys	(	Girls	Bo	oys		rls		oys	-	SGFI
		NSM	SGFI	NSM	SGFI	NSM	SGFI	NSM	SGFI	NSM	SGFI	NSM 4	SGFI 4
7	Archery (Indian Round)	4	4	4	4	4	4	4	4	4	4	4	4
	Archery (FITA Round)	4	4	4	4	4	4	4	4	4		4	4
	Archery (Compound)	4	4	4	4	4	4	4	4	4	4	4	5
8	Badminton	4	5	4	5	4	5	4	5	4		3	5
9	Chess	3	5	3	5	3	5	3	5	3	5	4	5
10	Table Tennis	4	5	4	5	4	5	4	5	4	5	4	5
11	Lawn Tennis	4	5	4	5	4	5	4	5	4	5	Nil 4	
12	Cricket	16	16	16 Up 1	to RSM only	16	16		RSM only				3
13	Shooting –(10m open sight Air rifle)	3	3	3	3	3	3	3	3	3	3	3	
	Shooting -(10m peep sight Air rifle)	3	3	3	3	3	3	3	3	3	3	3	3
	Shooting- (10m Air pistol)	3	3	3	3	3	3	3	3	3	3	3 Nil	3
14	Basketball	12	12	12	12	12	12	12	12			Nil	
15	Kabaddi	12	12	12	12	12	12	12	12			Nil	
16	Volleyball	12	12	12	12	12	12	12	12				
17	Handball	16	16	16	16	16	16	16	16			Nil Nil	
18	Kho-Kho	12	12	12	12	12	12	12	12			INII	
19	Football	18	18	18	18	16		for Subro ootball	to Cup			Nil	
20	Hockey		Nil	16	18	1	6 for Ne	hru Cup Ho	ockey				
		5	7	5	7	5	7	5	7	5	7	5	7
21	Yoga Rope Skipping	6	6	6	6	6	6	6	6	6	6	6	6
	Gymnastics ( Up to Regional level only)	02	in each tea	am up to Re	egional only	02 in	each tea	m up to Reg	ional only			Nil	
23	Gymnastics ( Op to Regional level only)				<u> </u>		Free St	yle U-17 (Gi	rls)		Free S	tyle U-19 (	Girls)
24	이 같은 사람이 같은 것이 같이 같이 같이 같이 같이 같이 같이 같이 같이 많이					S. No	.	Weigh	nt	S. No	<b>).</b>	W	eight
	등 이미지 않는 것은 것은 것 같아요. 이 것 같아요. 것					1		36-40		1			50 Kg
	Wrestling (Girls U-17 & 19)	0.000				2		40-43	Kg	2			53 Kg
	02 participants in each weight up to					3		43-46	Kg	3			55 Kg
	Regional only	N	o Events f	or U-14(Bo	ys & Girls)	4		46-49	Kg	4			-57 Kg
						5		49-53	and the second se	5			-59 Kg
	입장이 이렇게 잘 잘 가지 않는 것이 같아요.					6		53-57		6			-62 Kg
						7		57-61		7			-65 Kg
						8		61-65	the second se	8			-68 Kg
						9		65-69	the second se	9			-72 Kg -76 Kg
	~ 그 같은 것 같은 것 같은 것 같은 것 같이 같이 같이 같이 같이 같이 같이 않는 것 같이 많이 많이 없다.					10		69-73		10			10
						Tota	il	10					10

S. No	Items	ACCESSORIES FOR 50 <sup>th</sup> KVS NATIONA Games/Events	For KVS National Sports Meet	SGFI (NSG) Meet	Remark
1	Track Suit	All Events	1 Set/Pair for each participants before	1 Set/Pair for each participants	Standardized and Branded Playing materials/Items/
2	T-Shirts & Shorts	All Events	NSM Participation *For Cricket – T-Shirt +Trouser will be	during Coaching Camp to SGFI Participating team.	Accessories should be
3	Playing Kit (As per federation norms)	Athletics, Swimming., Taekwondo, Judo, Rope Skipping, Skating, Yoga and Boxing	provided (As per allotted colors) *Pullover for Cricket (Winter Station)		provided .
4	Shoes (Jogger ) & Socks / Stocking	All Events			
5	Playing Shoes / Studs / Running Spikes / Cricket Shoes /Ring Shoes/ Mat shoes	Boxing,/Kabaddi/ Taekwondo,/Athletics, Football/Hockey/Cricket/Tennis/Badminton,/B asketball/ etc. from VVN by Concerned Vidyalaya only.	N/A	N/Á	
6	Blazer (Coat)	All Events as per Modalities	Nil	All Participants / Escorts / Coaches / Managers / D-mission of KVS team deputed by KVS (HQ) only	Standard / Good material with pocket as- 65 <sup>th</sup> National School Games(SGF1)
7	Protection / Guard - i.e. Arm Guard, Leg Guard(Shin), Abdominal Guard, Chest Guard Gum Guard, Patti, Gloves, Helmet, Skates, Goggles, Swimmer's Cap etc	As per Games if required	Expenditure incurred from VVN a/c of If sufficient fund is not available in KV th from RSCB a/c.	Concerned KV. nan expenditure may be incurred	As per specification of even wise Branded
8	Sports Caps in Regional colors	All Events	By Concern Region ( As per colors allotted in Modalities)	Nil	Print on Cap- 50 <sup>th</sup> KVS National Sports Meet 2019-20
	Scarf /Wrist Band,	All Events	Nil	Individually for each	Good quality
9	Duffel/ kit bag for Participants (15 Inches -Drum Shape)	All Events	Nil	participants	
10	Knee Caps,/Anklets/ Wristband (As per games)	Kabaddi ,/Volleyball / Kho-Kho / Hockey / Football ( as and when require)	Individual for each participants	Individual for each participants	Branded
11	Racket/Bat ( As per games & requirement)	Badminton /Table-Tennis / Tennis			Branded as per the need of events
12	Cricket Bat	Cricket as per requirement	Provided by concerned F	CV from VVN a/c.	
13	Hockey Sticks	Hockey as per requirement	- 전		
14	Skipping Rope	As per event as per requirement			
15	Skates	As per event as per requirement			
16	Common Accessories / equipments(Carry - Back)	<ol> <li>Hockey -Goal Keeper Kit,</li> <li>Boxing- Gloves &amp; Head Gear,</li> <li>Cricket-Helmet, Batting / Keeper Pad</li> </ol>	Commonly issued to team / players fro KV/Region for participation NSN CUP/NEHRU HOCKEY CUP.	m VVN/RSCB fund by concerned M/SGFI/SUBROTO FOOTBALL	Concerned KV/Coordina Vidyalaya / Venue /Regic will purchase & procure a accessories / equipments payment will be made fire

Note-a) SI. No. 01 to 06, 08 to 10 will be issued/provided permanently to participating Student/Escorts/Coach/Manager/ Contingent Manager/D-Mission. b) Expenditure will be met out as mentioned.

Sports Kit for Escort / Coach /

Manager etc.

17

c) The RSCB of concerned Region will decide Sports playing kit / playing accessories / equipments for team participants in KVS Regional Sports Meet.

Taekwondo-Head Gear & Chest

Guard Leg & Arm Guard(Pad)

4-

5-

•

•

Blazer & Shirt will be incurred from RSCB a/c by host /concerned Region.

Blazer/Cot (all weather) of navy blue and white Shirt (full sleeves) will be provided to KVS Staff (Regular) deputed as Coach / Manager/ Escort

for participation in KVS National Meet and the same will be provided to TGT(PHE) deputed at host venue by host Region. The expenditure for

D-Mission (If TGT-PHE) deputed by KVS (HQ) / Region (KVS RO) for participating in National School Games (SGFI)/ Nehru Cup/ Subroto Cup

Track Suit, Sports Shoes(jogger), Socks, Blazer, T-Shirts & Shorts will be provided to KVS team and Coach / Manager / Contingent Manager &

payment will be made from

VVN /RSCB a/c.

#### Format

State/UT/Unit.....

NATIONAL SCHOOL GAMES 20 .... To 20 ..... Under the aegis of School Games Federation of India



Latest Photo name With date duly Attested by the principal Head Master with Stamp

#### Certificate of Eligibility

Ag	e Group underBoys /Girls	
01	Name of the Participant	
	(In Block Letters)	
02	Father's Name	
	(In Block Letters) Mother's Name	
03	(In Block Letters)	
04	Name of the School	
	(In Block Letters)	
05	Full Address of School	
	(In Block Letters)	
06	School's Phone No. with Code No.	
07	Last Year Registration No. SGFI	
08-	Date of Birth (i) In Fig.	
	(ii) In Words	
09	Aadhaar No.	
10	Passport No. (if available)	
11	Discipline	
12	Age in Completed years as on 31 <sup>st</sup> December	Year Month Days
	Permanent Address & Phone / Mob. No.	
13	(In Block Letters)	
14	Admission No. & Year	
15	Date of Joining the School	
16	Standard & Section Studying this year	
17	Standard Studying last year	Name :
		Name of Bank :
	Bank Detail of participant	A/C No.
18	(If no then mention Mother/Father A/C No.)	IFSC Code
19	Personal Identification Marks :	1.
		۷.
20	Signature of the Participant	

Certificate: 1. certified that the above participant is a bonfire student of this Institution for the academic year.

2. Certified that I have personally verified the admission records maintained in the School and found correct. 3. Certificate that it is understood in the event of information furnished above found to be partly or wholly untrue, the

above students is liable to be disqualified for a period of two years in case the students is a member of the team, then the participant is liable to be disqualified as a whole.

and the second	and the second	
	Post / Desn	Head Master
of State/UT/Unit with Seal	Manager / Coach	Head of Institution/Principal
Signature of Competent Authority	Signature with Seal	Signature with Seal of the

For Office Use Only Name of Invigilator ... Sign. of Invigilator.

#### **APPENDIX-XI**



F. No. ......Dated......

Parents of Master/Miss .....

Mr. / Mrs. : .....

Subject -Information and Consent letter for Participation/Selection in Sports -regd.

Dear Sir/Madam,

2. The Student will be escorted by KVS teachers/Staff/Other and the Boarding and Lodging expenditure will be made by Vidyalaya / Authority / Federation, if He / She will be selected for a high level the student will have to participate, the venue and date of events will be informed by the KVS/Concerned Authority/Federation.

3. Furthermore, though the Escort/Teacher will always strive to take the best care of the students, it is to be ensured from your side and your ward's side that the student would be always disciplined and obeys the instructions of the teachers in full to ensure his/her own physical safety and for good impression to himself/herself and to the Vidyalaya.

Hence, you are requested to give strict and clear instructions to your ward in this regard. The Vidyalaya/ KVS / Organizing Authority/ Federation or the Escorting teachers / Staff shall not be held responsible for any Injury/ Damage /Loss / Misshapen due to non-obeying the Instructions.

4. He/she will follow Instructions / Guidelines for selection and participating in Sports activities/competition mentioned in KVS Sports Modalities 2019-20.

5. in case your child is selected for SGFI Meet and refused to participate/ withdraw from the SGFI will not eligible to get cash award of National sports meet.

6. You are requested to read & understand the points and fill in the Performa appended in next page back side of this page and return to the undersigned immediately to record your consent to the selection and outstation participation of your ward and your acceptance of the above mentioned conditions.

(......) TGT(P&HE) <u>Mobile No.....</u> <u>Principal</u> <u>44</u>

	APPEND	DIX-XII		
ō				
'he Principal Kendriya Vidyalaya,				
Subject- Acceptance/ \	Willingness of Parents for	Participation in Spor	ts Activities/Competitio	on-
regd.	( WW			
Sir/Madam,	DUT 16/2	1		
With	reference	to your	letter N	lo.
	$\langle  \rangle$	dtd		
I,	Father/Mother	of Master / Miss		,
ClassSection	of Kendriya Vid	yalaya	Regio	n)
Hereby affirm that <b>I HA</b>	VE NO OBJECTION TO SEN	D MY WARD/DAUGH	TER/SON for participation	on
n games	as mentione	d in your letter. I hereb	y agree to all the condition	ns
and give my consent to	his/ her participation, furthe	r in case of his/her the	selection for higher level	if
ound eligible, I shall not	: withdraw him/her in betwee	en except in exceptional	cases with due permission	on
of Deputy Commissioner	of Region, I shall also instru	ict him/ her to strictly fo	ollow the Instructions of th	he
	nd I shall not hold KVS resp	The manual super PAL		
	tructions and non-selection of			
	ubmitting my consent letter	, 建筑建筑建筑、 一方面和市场大方面的	ess certificate with full fai	ith
	participation of my ward. I	Station - Barris Constant		
	decisions of KVS Authori			
participation/selection / F		S- Ch		
	A			
	The second s			
	· / 1	CAP REMAL		
Date:///	She was a she wa	CPL P	arent's Signature & date	
Date:///	A	SP3	arent's Signature & date	
Date:///	6	rg,	arent's Signature & date	
Date:///	The second secon	R		
Date:///	C S	R	arent's Signature & date parent	
Date://	C S	Name of p		
Date://	C S	Name of p Phone Nur	parent nber:	•
Date://		Name of p Phone Nur	parent	•
Date://	Ś	Name of p Phone Nur	parent nber:	•
Date://		Name of p Phone Nur	parent nber:	•
Date://		Name of p Phone Nur	parent nber:	•
Date://		Name of p Phone Nur	parent nber:	•
Date://		Name of p Phone Nur	parent nber:	•
Date://		Name of p Phone Nur	parent nber:	•

## Bench Mark for 50<sup>th</sup> KVS National Sports Meet 2019-20

## 1. Events – Athletic (Track & Field Events )-

SL.	EVENT		BOYS			GIRLS	
NO.		U-14	U-17	U-19	U-14	U-17	U-19
1	100 Mtr.	00:12:80	00:11.90	00:11.60	00:14.40	00:14.20	00:14.30
2	200 Mtr.	0:26:23	00:24.00	00:23.90	00:30.00	00:30.29	00:29.90
3	400 Mtr.	01:00:90	00:57.78	00:53.70	01:13:00	01:13.40	01:12.70
4	600 Mtr.	1:47:70	N/A	N/A	02:03:19	N/A	N/A
5	80 Mtr. Hurdle	00:13:30	N/A	N/A	00:16.80	N/A	N/A
6	100 Mtr. Hurdle	N/A	N/A	N/A	N/A	00:20.60	00:21.10
7	110 Mtr. Hurdle	N/A	00:16.00	00:17.00	N/A	N/A	N/A
8	400 Mtr Hurdle	N/A	01:05.00	01:00.00	N/A	01:30.00	01:25.93
9	High Jump	1.50 M	1.65 Mtr.	1.65 Mtr.	1.15 M	1.20 Mtr.	1.25 Mtr.
10	Long Jump	5.18 M	5. 66 Mtr.	6.13 Mtr.	4.25 M	4.10 Mtr.	4.46 Mtr.
11	Triple Jump	N/A	11.39 Mtr.	12.43 Mtr.	N/A	8.95 Mtr.	9.34 Mtr.
12	Pole Vault	N/A	2.20 Mtr.	2.60 Mtr.	N/A	1.75 Mtr	1.80 Mtr
13	Shot Put	10.27 M	10.58 Mtr.	11.59 Mtr.	6.76 M	7.47 Mtr.	7.79 Mtr.
17	Discus Throw	30.09	32.27 Mtr.	32.58 Mtr.	17.60 M	22.85 Mtr.	23.36 Mtr.
18	Javelin throw	N/A	42.98 Mtr.	44.24 Mtr.	N/A	21.88 Mtr.	20.74Mtr.
19	Hammer Throw	N/A	30.25 Mtr.	34.97 Mtr.	N/A	16.85 Mtr.	19.45 Mtr.
20	800 Mtr.	N/A	02:12.7	02:11.00	N/A	02:45.10	02;2.45
21	1500 Mtr.	N/A	04:41.71	04:36.40	N/A	05:43.00	5:57;.17
22	3000 Mtr.	N/A	10:49.00	N/A	N/A	12:56.80	13:52.80
23	3000 Mtr. walk	N/A	N/A	N/A	N/A	22:50.00	22:00.00
24	5000 Mtr. walk	N/A	32:30.50	31:50.50	N/A	N/A	N/A
25	Cross Country 6.0 km	N/A	N/A	16:08.4 Min	N/A	N/A	N/A
26	Cross Country 4.0 km	N/A	N/A	N/A	N/A	N/A	13:15.60

#### 2. Events - SWIMMING & DIVING-

SL. NO.	EVENT	ENT BOYS				GIRLS	
		BOYS-14	BOYS-17	BOYS-19	GIRLS-14	GIRLS-17	GIRLS-19
1	50M FREE STYLE	00:32:19	00:29:97	00:30:33	00:38:41	00:42:25	00:37:63
2	100M FREE STYLE	01:19:40	01:29:64	01:07:33	01:23:00	01:38:28	01:26:37
3	200M FREE STYLE	03:16:58	02:41:59	02:46:45	03:21:53	03:32:62	03:27:16
4	400M FREE STYLE	06:09:06	05:52:96	06:32:47	06:22:56	06:42:84	07:08:06
5	50M BACK STROKE	00:44:67	00:36:97	00:36:26	00:47:44	00:44:06	00:55:71
6	100M BACK STROKE	01:36:60	01:34:84	01:32:25	02:14:50	01:41:25	01:52:31
7	200M BACK STROKE	04:13:16	03:17:44	03:35:81	04:04:43	03:47:07	04:16:78
8	50M BREAST STROKE	00:44:31	00:42:45	00:39:58	00:53:75	00:54:96	00:58:68
9	100M BREAST STROKE	01:36:80	01:37:83	01:32:92	01:54:47	01:58:03	01:59:91
10	200M BREAST STROKE	04:01:87	03:34:22	03:24:58	04:19:68	03:56:41	04:25:65
11	50M BUTTERFLY	00:34:73	00:36:45	00:34:57	00:44:72	00:51:56	00:51:69
12	100M BUTTERFLY	01:25:03	01:24:56	01:20:22	01:51:03	01:33:40	01:38:62
13	200 M BUTTERFLY	04:17:42	03:37:26	03:47:61	03:46:19	03:42:97	03:11:03
14	200M IND. MEDLAY	03:05:96	03:29:95	03:55:95	03:31:81	03:34:15	03:39:12

Cont.-

#### Next-

15	HIGH BOARD	-	-	-	-		-
16	SPRING BOARD 1 MTR	-		-	-	-	-
17	SPRING BOARD 3MTR.	-	-	-	-		
18	4X100M FREE STYLE RELAY	-	-	-		-	-
19	4X100M MEDLAY RELAY	-	-		-		-
20	800M FREE STYLE	-	12:09:05	-	-		13:40:91
21	400M IND. MEDLAY	-	06:28:28	07:02:55	-	07:44:25	06:25:15
22	1500M FREE STYLE	-	-	24:59:17	-	•	

## 3. EVENTS - ARCHERY (Qualifying Bench mark score is 40% of 360 i.e. 144)

SL.	EVENTS		INDIAN RO	INDIAN ROUND								
NO.		BOYS-14	BOYS-17	BOYS-19	GIRLS-14	GIRLS-17	GIRLS-19					
1	20 M	144	N/A	N/A	144	N/A	N/A					
2	30 M	144	144	144	144	144	144					
3	40 M	N/A	144	N/A	N/A	144	N/A					
4	50 M	N/A	N/A	144	N/A	N/A	144					
			FITA	AROUND	L							
SL. NO.	EVENTS	BOYS-14	BOYS-17	BOYS-19	GIRLS-14	GIRLS-17	GIRLS-19					
1	30M	144	144	144	144	N/A	144					
2	40M	144	144	N/A	144	144	N/A					
3	50 M	144	144	144	144	144	144					
4	60 M	144	144	144	144	144	144					
5	70 M	N/A	144	144	N/A	144	144					
	<u> </u>											
			COMPOL	IND ROUND								
1	50 M		Newly includ	led event U-14,17	& 19 for the sess	ion 2019-20						

## 4. EVENTS - SKATING- (NO BENCH MARK FOR 50th NSM) MODIFIED EVENTS-

SL.	EVENT			QUA	AD		
NO.		BOYS-14	BOYS-17	BOYS-19	GIRLS-14	GIRLS-17	GIRLS-19
1	Rink-I	-	-	-	-	-	
	500 + D						
2	Rink-II		-		-	-	
	1000 M						
3	Road Race	-					
	2000 M						
4	Road Race	-				-	-
	3000 M						
	1						
SL.	EVENT			INLINE TRA	ACK RACES		
NO.		BOYS-14	BOYS-17	BOYS-19	GIRLS-14	GIRLS-17	GIRLS-19
1	Rink-III	-	-	-		-	-
	500 +D						
2	Rink-IV	-	1.1.1				-
	1000 M						1
	1			INLINE RO			
SL.	EVENT		1			0.010.47	
NO.		BOYS-14	BOYS-17	BOYS-19	GIRLS-14	GIRLS-17	GIRLS-19
1	Road Race- I	-	-			-	1
	1 Lap						
2	Road Race- II		-			-	-
	2000 M						
3	Road Race- II		-	-	-	-	-
	3000 M						

50

#### 5. EVENTS - ROPE SKIPPING-

SL. NO.	EVENT		BOYS Score			GIRLS Score		
		BOYS-14	BOYS-17	BOYS-19	GIRLS-14	GIRLS-17	GIRLS-19	
1	speed (30 seconds) Individual	69	78	82	66	62	64	
2	Endurance (3 minutes) Individual	374	398	372	319	308	304	
3	Double under (30 seconds) Individual	77	72	80	64	63	65	
4	Free Style Individual	10	12	12	31	33	33	

#### 6. EVENTS - SHOOTING-

SL.	EVENT		BOYS			GIRLS		
NO.		BOYS-14	BOYS-17	BOYS-19	GIRLS-14	GIRLS-17	GIRLS-19	
1	Open sight 10 m -Air Rifle	172	252	280	165	196	184	
2	Peep sight 10 m -Air rifle	259	349	381	303	345	327	
3	Air Pistol 10 m	335	322	356	306	268	324	

#### <u>GYMNASTICS FOR BOYS & GIRLS</u> (Under -14 & 17)

#### A- Floor Exercise (Compulsory & Optional Event)

- In Gymnastics the floor refers to a specially prepared exercise surface which considered and apparatus it is used by both Boys and Girls Gymnastics.
- > Boys & Girls Gymnastics also perform on a 12 M X 12 M Floor.
- > Timing 90 Seconds for compulsory event & Optional event each.
- Rules require that gymnasts touch each corner of the floor at least once time during their routine.

#### B- Competition -

Compulsory event- For Class VI and above students on Floor Exercise in Gymnastics as –

S. No	Element	Class of Difficulties	Value
1	Cartwheel	A+	1.00
2	Back Walkover	В	2.00
3	Back Roll	A-	0.50
4	Plane Balance (Any type)	A-	0.50
5	Split (Forward Left & Right)	A+	1.00
6	Front Roll	A-	0.50
7	Hand Stand Roll	A+	1.00
8	High Tuck Jump	A-	0.50
9	Cross Leg Balance	A+	1.00
10	Dismount one Leg Handspring	В	2.00
	TOTAL NUMBER OF DIFI	FICULTY 10.00	

#### Note:

- 1) Gymnasts can arrange the sequence of exercise in routine as per their choice but mount and dismount should not be Non Acrobatic.
- 2) To qualify for the optional routine; the gymnast should score 5 points in the U-14 Category and 7 points in the U-17 category. The best performers in the optional routine will receive medals.
- 3) For U-14 and U-17 age groups, the Schools can send a total of only 8 numbers of gymnasts, i.e.

I. U-14 = 2 Boys and 2 Girls

II. U-17 = 2 Boys and 2 Girls

4) Girls Gymnasts can use choreography to cover the space of the corner(But there is no specific point for that)

Optional Events - For Class VI and above students on Floor Exercise in Gymnastics (Choice combination of exercise)

S. No.	Element	Class	Value
1	Both leg Handspring	B (F.A)	1.00
2	Cartwheel	A+ (B.A. or ARIAL)	0.50
3	Back roll to Handstand	A+(N.A)	0.50
4	Back walkover	B (B.A or ARIAL)	1.00
5	Plane balance	A (N.A)	0.30
6	Split	A+ (N.A)	0.50
7	Forward roll	A (F.A)	0.30
8	Dive roll	A(F.A)	0.30
9	Handstand roll	A (N.A)	0.30
10	360° 1/1 turn jump	A (N.A)	0.30
10	Cross leg balance Y scale	A+ (N.A)	0.50
12	Front walkover	B (F.A)	1.00
13	One leg handspring	B (F.A)	1.00
14	Handstand with 180° turn	A (N.A)	0.30
15	Back roll	A (B.A or ARIAL)	0.30
16	One hand cartwheel	A (S.A)	0.30
17	Round off	A+(S.A)	0.50
18	Pike Jump	A (N.A)	0.30
19	Handstand hold 2 second	A (N.A)	0.30
20	Round off flic- flac	B (B.A or ARIAL)	1.00
21	Round Off Back Salto	B (B.A or ARIAL)	1.00
22	One Leg to Both Leg Handspring	B (F.A)	1.00
23	Split to Jump Handstand	A+ (N.A)	0,50
24	Forward Salto	B (F.A)	1.00
25	Side Scale	A	0.30
26	Jump to 720 Degree Turn	A+ (N.A)	0.50
27	Round Off to Flic Flac	B (B.A or ARIAL)	1.00
28	Forward Pike Salto	C (F.A)	1.50
29	Head Suit	A+ (F.A)	5.00
30	Round Off Straight Body Dismount		1.50
	TOTAL NUMBER O	F DIFFICULTY : 20.0	00

Note: A Gymnasts can perform maximum 10 elements if He / She perform above 10 than Judges will consider only 10 on the basis of highest degree of difficulty value.

**C-** <u>JUDGE</u>- As per Gymnastics(Floor event) norms.

Specific Deduction for Floor Exercise Element

ERROR	SMALL 0.10	MEDIUM 0.30	LARGE and fall 0.50/1.00
Insufficient height in acrobatic element	+	+	
Lack of flexibility during static element	+	+	
Pause 2 sec. or move before element or acrobatic series			
Uncontrolled momentary Landing (also in transitions)	+	+	Fall + 1.00

Jump to prove lending ofter element	+	+	
Jump to prone landing after element	т 		
Landing with fact hands foot and hand or with any other part of the body outside of the floor area	e i P i G <sub>lander</sub> si	+	
Landing or touching with one foot or one hand outside the floor area.	+		
Exercise longer than 70 second for man and 90 second for woman	+2 sec	2.5 second	5
Holding part less than 2 second.	+		
Holding part less than 1 second		+	
Not utilize to 4 corner		+	

#### Basic Technique of Floor Exercise

- 1. Cartwheel
  - Cartwheel is a sideways rotatory movement of the body is performed by bringing the hand to the floor one at a time while the body inverts the leg travel over the body trunk while one or both hand are on the floor and then the feet return to the floor one at a time ending with the performance standing upright.

#### 2. Walkover

The legs are held straight in a split as they travel overhead the back is then arched until the leading foot touches the floor such that the performer is briefly in a back bridge position in gymnastics a front walkover typically ends with one foot extended in front and arms raised.

#### 3. Side Scales

Gymnastics balance exercise in which the body remains straight while pivoting on a single leg. They get their name from the old time weight measurement balance scales where one side goes down as the other rises.

#### 4. Split

A person who has assumed a split position is said to be in a split or doing the split when executing a split the line defined by the inner thighs of the leg from an angle of approximately 180° degrees.

#### 5. Forward Roll

> The forward roll is one of the most basic element in gymnastics and one of the first learnt. The forward roll is started from standing position and then the gymnast crouches down places their hands shoulder wide apart hand facing forward.

#### 6. Handstand Roll

The handstand roll the start of basic tumbling because you are combining two skills together kick handstand and forward rolls it is important to have a strong understanding of both skills. Beginners will bend their arms during the forward roll advance will keep arms straight when forward rolling.

#### 7. High Tuck Jump

Rapidly dip down into a quarter squat and immediately explode upward. Drive the knees towards the chest. Jump as high as you can raising your knees up and then ensure good land by re-extending your legs.

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#### 8. Back Roll

The back roll is similar to the forward roll but in reverse. The gymnast starts in a standing position and bends to a squat/sitting position with their arms in front. They then lower and lean back slightly until their bottom reaches the floor. The gymnast feet are then placed on the floor and the gymnast stands.

#### 9. Cross Leg Scale Y Type

Standing balances in a standing balance. The gymnast balances on one feet while maintaining a pose Y Scale. The gymnast extends one leg out to the side of the body so that the foot remains at shoulder or head level.

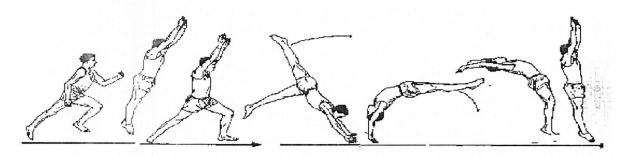
#### 10. One leg Handspring

One Leg Handspring is an acrobatic move in which a person executes a complete revolution of the body by lunging headfirst from an upright position into an inverted vertical position and then pushing off from the floor with the hands so as to leap back to an upright position.

#### > OPTIONAL EXERCISE DISCRIPTION

#### 1. Both leg handspring -

both leg handspring(flying handspring )is an acrobatic movement in which a person executes a complete revolting of the body by lunging head first from an upright position into an inverted vertical position and then pushing off (i.e spring ) from the floor with the hands so as to leap back to upright position.



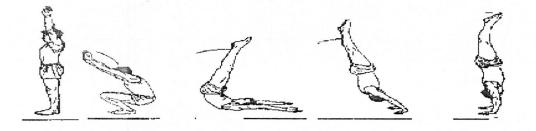
#### 2. Cartwheel

Cartwheel is a sideways rotatory movement of the body is performed by bringing the hand to the floor one at a time while the body inverts the leg travel over the body trunk while one or both hand are on the floor and then the feet return to the floor one at a time ending with the performance standing upright.



#### 3. Back roll to handstand

Round your back slightly and contract your abdominals so that your legs move up from alone when you roll back handstand when your hands touch the floor your leg should point straight up roll back to handstand and elevate yourself on your extended arms so that you go into a perfect handstand position.



#### 4. Walkover

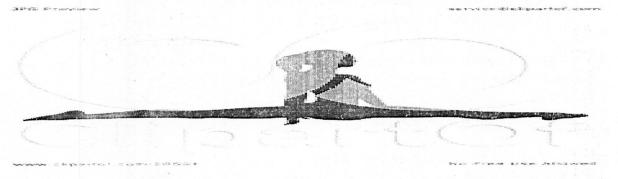
The legs are held straight in a split as they travel overhead the back is then arched until the leading foot touches the floor such that the performer is briefly in a back bridge position in gymnastics a front walkover typically ends with one foot extended in front and arms raised.

#### 5. Split Side Scales

Gymnastics balance exercise in which the body remains straight while pivoting on a single leg. They get their name from the old time weight measurement balance scales where one side goes down as the other rises.

#### 6.SPLIT

A person who has assumed a split position is said to be in a split or doing the split when executing a split the line defined by the inner thighs of the leg from an angle of approximately 180° degrees.



#### 7. Forward Roll

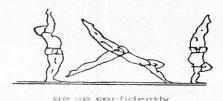
> The forward roll is one of the most basic element in gymnastics and one of the first learnt. The forward roll is started from standing position and then the gymnast crouches down places their hands shoulder wide apart hand facing forward.

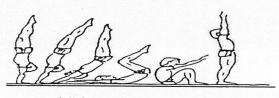
#### 8. Drive roll

> A drive roll is an acrobatic element that begins with a horizontal forward diving motion and result in a forward somersault.

#### 9. Handstand Roll

The handstand roll the start of basic tumbling because you are combining two skills together kick handstand and forward rolls it is important to have a strong understanding of both skills. Beginners will bend their arms during the forward roll advance will keep arms straight when forward rolling.





fall forward over the top

#### 10.360\* turn

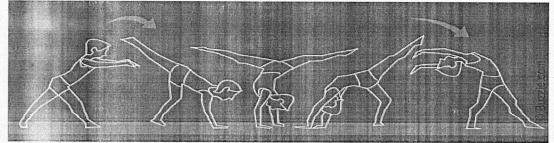
A complete circle is 360\* so if you want to describe someone who has come full circle you might say he has made a 360\* turn.

#### 11.Cross Leg Scale "Y " Type

Standing balances in a standing balance. The gymnast balances on one feet while maintaining a pose Y Scale. The gymnast extends one leg out to the side of the body so that the foot remains at shoulder or head level.

#### 12.Front walkover

A front walkover is an acrobatic movement sequence it begins with the performer standing up straight with arm raised and positioned near to the ears the performer then longer forward and quickly raises one leg with the other leg following as if transitioning to a handstand.



#### 13. One leg Handspring

One Leg Handspring is an acrobatic move in which a person executes a complete revolution of the body by lunging headfirst from an upright position into an inverted vertical position and then pushing off from the floor with the hands so as to leap back to an upright position.

#### 14. Handstand with 180\* turn

This achieved by twisting the hands and shoulders as the hands are placed on the ground the two hands are generally placed down one after the other so that the first hand is twisted by 90\* and the second hand by almost 180\* from the direction of travel.

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#### 15. Back Roll

The back roll is similar to the forward roll but in reverse. The gymnast starts in a standing position and bends to a squat/sitting position with their arms in front. They then lower and lean back slightly until their bottom reaches the floor. The gymnast feet are then placed on the floor and the gymnast stands.



#### 16.One hand cartwheel

If you are already comfortable doing a two hand cartwheel with jost a bit of practice you can learn to do a one hand cartwheel doing a one handed cartwheel can be a little tricky at first but once you have it done it's a piece of cake it's also great preparation for learning how to do one hand cartwheel this article will teach you variations of the one handed cartwheel the first using your far arm or the opposite hand as your lead foot and the second using your near arm or the same hand as lead foot.

#### 17. Round off

A round off is a move in gymnastics similar to a cartwheel except the gymnast lands with two feet place together on the ground instead of one foot at a time facing the direction of arrival round off are used by most acrobatic sports including Gymnastics.

#### 18. Pike jump

Cheerleading pike jump tips cheerleading should sit on the ground with both legs straight in front of them reaching for the for the pointed toes this is also know as a pike stretch during this jump cheerleading must remember to bring the leg to the body and hands not the hands and body to the legs.

#### 19. Handstand hold 2sec

> A handstand is the act of supporting the body in a stable inverted vertical position by balancing 2sec on the hands same.

#### 20. Round off back flip (flic flac)

Round off back flip is a gymnastics skills that allows you to use the momentum from the basic round off to generate a fast and powerful back flip.



#### 21. Round Off to Back Salto

> A Salto is a flip performed around an imaginary axle drawn horizontally across the waist. The body must be in a tucked position as the leg go over the head and the gymnast should stick the landing with his feet glued to the mat without any forward or backward sway.

#### 22. One Leg to Both Leg Handspring

➢ In the jump phase the gymnast swings both arms up by the cars and jumps into the air while transitioning to an arch position with the head in a neutral position. He has to hold his arms and legs straight and feet together and this body shape is to be maintained until his hands contact the floor.

#### 23. Split to Jump Handstand

A split is a popular move in gymnastics where the legs are extended in the opposite directions. However do not wait for your child to master one side before introducing the other after which the feet should be together for jump and then go for handstand.

#### 24. Forward Salto

The Forward Salto is mostly a floor routine but it can be used to mount or dismount apparatus as well. During optional competition, the body must be in a tucked position as the legs go over the Head and the Gymnast must stick to the landing with his feet.

#### 25. Side Scale

> Gymnastics balance exercise in which the body remains straight while pivoting on a single leg. This get its name from the old time weight measurement balance scales where one side goes down as the other side rises.

#### 26. Jump to 720 Degree Turn

> The 720 Degree Performance evaluation is required for the improvement in performance of the people in their jobs and to ensure that the prospect of the organization, employees and the customer are met. It is a proficient tool to improve and recompense the performance of the personnel.

#### 27. Round off to Flic-Flac

Round off Flic-Flac is a gymnastic skill that allows you to use the momentum from the basic round off to generate a fast and powerful flic-flac.

#### 28. Forward Pike Salto

Pike is a gymnastics body position used in jumps and saltos with the body bent forward at the waist and with the legs kept straight. Somersaulting skills done in the Pike position are more difficult than the ones in the tuck position and easier than the saltos done in the layout position.

#### 29.Head Suit

> A headspring is an acrobatic move in which a person executes a complete revolting of the body by lunging head first from an upright position into an inverted vertical position and then pushing off from the floor with hands so as to leap back to an upright position.

#### 29. Round off Straight Body (Dismount)

> In the up phase, the gymnast stands up straight on his feet with arms infront at an angle which is slightly above the horizontal with hands on the floor. The body's angular momentum is used to transform the gymnasts body shape from slide arch through a liner shape to a hollow shape.

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Please contact the following personals for any query-

- Shri Pramod Kumar Sikoria, TGT(PHE) 8004939700 KV No. 1, Jhansi(Agra Region)
- Shri Pranjal Shahi TGT(PHE) 9451928385/7002257008
   K V Barpeta , Guwahati Region
- Shri Mangal Sen, TGT(PHE)- 09210691001
   K V Pitampura, Delhi Region

## WRESTLING FOR KVS GIRLS

(Under- 17 & 19)

This is a newly introduced Games event in KVS for girls under -17 & 19 from this session 2019-20 to promote and develop wrestling (Free style) Sports in all KVs from school level to Regional level only.

The Competitions will be conducted up to KVS Regional level Sports Meet only and all Rule & Regulation will be applied as per Wrestling Federation of India(WFI).

- Group- Girls
- Age- Under 17 & 19
- Weight category- Appendix-VIII



केन्द्रीयविद्यालयसंगठन / KENDRIYA VIDYALAYA SANGATHAN (Min. of HRD, Deptt. of Education, Govt. of India) 18-संस्थागतक्षेत्र / 18-Institutional Area शहीदजीतसिंहमार्ग / Shaheed Jeet Singh Marg नईदिल्ली– 110016 / New Delhi – 110016 Tel: 26858570, Fax No. 011-26514179 www.kysangathan.nic.in

F.No.110355/01/2017/KVS(HQ)/SPORTS/

The Deputy Commissioner, All Regions

#### E-mail only

Date:12.10.2017

Sub:- Engaging SAI Coaches in National/International of repute- payment of remuneration -reg

#### Sir/Madam,

In order to provide special coaching to the teams of KVS selected for participation in SGFI and other reputed tournament. It has been decided that the standard coaches from SAI, National and International player should be engaged to coach the KVS team so that the performace of the KVS team further improves for better competation. For this the remuneration should be paid equalvent to the experts being invited for KVS in-service courses i.e. Rs. 3000/- per day for Metro city and Rs. 2500/- per day for other cities. The duration of coaching may be upto 06 hours per day depanding upon the local conditions and requirement of the game. This may include coaching in the moring and evening hours subject to requirement, climate and other condition.

The Deputy Commissioenrs are requested to organize coaching camp for 10 to 15 days as per the SGFI scheduled provided by the KVS(HQ). This practice will start with immediate effects i.e. for the teams selected in 48<sup>th</sup> KVS National Sports Meet 2017. Further it is to be noted that this is only for the specialized coaching and not for the exisisting coaches being engaged at Vidyalaya level. The Deputy Commissioners should inform Principal accordingly.

This issues with the approval of Competent Authority.

Yours faithfully,

Assistant Commissioner (Acad!)

Copy to:-

- 1. PS to Commissioner.
- 2. PS to ADC(Acad).
- 3. Sports cell for monitor.



केन्द्रीयविद्यालयसंगठन / KENDRIYA VIDYALAYA SANGATHAN (Min. of HRD, Deptt. of Education, Govt. of India) 18-संस्थागतक्षेत्र / 18-Institutional Area शहीदजीतसिंहमार्ग / Shaheed Jeet Singh Marg नईदिल्ली– 110016 / New Delhi – 110016 Tel: 26858570, Fax No. 011-26514179 www.kvsangathan.nic.in

## F.No.110335/01/2017-18/KVS(HQ)/SP/840-859

दिनॉक: 08.06.2018

उपायुक्त केन्द्रीय विद्यालय संगठन समस्त क्षेत्रीय कार्यालय Email Only/Urgent

विषय:- Permission to allow students to travel by air for attending/participating in various activities at National level conducted by KVS at National level in different parts of the country-reg.

महोदया/ महोदय,

It has been decided to allow the students of Kendriya Vidyalayas to travel by air for attending/participating in different activities organized by KVS at National level in different parts of the country, subject to the following terms and conditions:-

- 1. The distance between the KV (starting point) and the Venue (reaching point) of the event should be more than 500 Kms.
- 2. In case of exigency, natural hazards, cancellation of trains, bad weather conditions and non availability of confirmed tickets in III AC/II AC.

#### 3. Authority to allow Air Travel:-

The Deputy Commissioner of the concerned Region will assess and allow the Air Travel in cases where cost of air travel (by any airlines operating in the sector) of the contingent is less or equal to the total cost of travel of the contingent by Railway 3 AC/separate Rail Coach fare plus DA thereon of estimated journey period. In case, the lowest fares along with similar facilities/offers are at par with National Carrier, then preference should be given to Air India.

## 4. Air Travel for escorts/accompanying staff:-

- 1. The escorts/officials accompanying the participating students will also be entitled for air journey at par with participating students.
- II. The expenditure on the said journey, shall also be borne by the respective Regional Sports Control Board funds/NSCB funds/appropriate fund account and not from school fund/account.

## 5. Authorized agent for booking tickets:-

- I. The M/s Balmer Lawrie & Co., (a Govt. of India Enterprise) Ltd has been authorized by the KVS for booking air tickets for students and escorts.
- II. The Deputy Commissioners of the concerned Region will approach the Regional officers of The M/s Balmer Lawrie & Co., (a Govt. of India Enterprise) Ltd as per the list enclosed in Annexure-1 for booking the tickets.
- III. The terms and conditions for booking the tickets through The M/s Balmer Lawrie & Co., (a Govt. of India Enterprise) Ltd are also enclosed as Annexure-2.

You are requested to disseminate this information to all the Principals of your Region. It should be ensured that journey should be planned for the Regional contingent after due assessment for participating in different activities organized by KVS at National level in different parts of the country.

भवदीय,

(यू.एमन्खर्वाई) अपर आयुक्त (शैक्षिक/ प्रशासन)

प्रतिलिपि:-

- 1. PS to the Commissioner, KVS (HQ).
- 2. PA to the Joint Commissioner (Fin.), KVS (HQ).
- 3. The Assistant Commissioner (Fin), KVS (HQ).
- 4. Sports Cell, KVS (HQ).



केन्द्रीय विद्यालय संगठन KENDRIYA VIDYALAYA SANGATHAN (Min. of HRD, Deptt. of Education, Govt. of India) 18-संस्थागत क्षेत्र /18-Institutional Area शहीद जीत सिंह मार्ग /Shaheed Jeet Singh Marg नई दिल्ली-110016 / New Delhi – 110016 Tel : 26858566-260, Fax No. 011-26514179 www.kvsangathan.nic.in

No.F.110355/01/2018-19-KVS (HQ)/Sports/NSM/

Dated :- 04.04.2019

E-mail/Speed Post

The Deputy Commissioner Kendriya Vidyalaya Sangathan All Regions Subject- Schedule of conducting 50th KVS National Sports Meet 2019-20 - regd

Sir /Madam,

To,

The 50<sup>th</sup> KVS National Sports Meet will be conducted as per the schedule given below:-

Schedule for conducting 50th KVS National Sports Meet 2019-20

Name of Host Region	Venue	Date	Event allotted	Group	Age Group
Agra	GLA	14 to 18 June 2019	Judo	Girls	U-14,17,19
Ū	University		Taekwondo		U-14,17,19
	Mathura,		Kho-Kho		U-14,17
	(UP)		Yoga		U-14,17,19
		22 to 26 June 2019	Judo	Boys	U-14,17,19
			Taekwondo		U-14,17,19
			Kho-Kho		U-14,17
			Rope Skipping		U-14,17,19
Chennai	SRM	24 to 28 June 2019	Volleyball	Boys	U-14,17
University, Chennai			Table Tennis	Girls & Boys	U-14,17,19
Chandigarh	Lovely Professional University, Phagwara,	25 to 29 May 2019	Hockey	Boys	U-17
			Handball		U-14,17
		18 to 22 June 2019	Hockey	Girls	U-14,17
			Handball		U-14,17
Bhubaneswar	KIIT	08 to 12 June 2019	Volleyball	Girls	U-14,17
	University, Bhubaneswar		Archery	Boys & Girls	U-14,17,19
	Bhubaneswai		Hockey(Nehru Cup)	Boys	U-15
			Badminton	Girls	U-14,17,19
			Boxing	Boys	U-14,17,19
			Kabaddi	Girls	U-14,17
		16 to 20 June 2019	Basketball	Girls	U-14,17
			Badminton	Boys	U-14,17,19
		김 상태가 있는 것이 없는 것	Kabaddi	Boys	U-14,17
			Chess	Boys & Girls	U-14,17,19
			Yoga	Boys	U-14,17,19
			Rope Skipping	Girls	U-14,17,19

contd - - - (2)

Dehradun	KV OFD Dehradun	22 to 25 May 2019	Football (Subroto Cup)	Boys	∪-14 , 17	
	KV FRI Dehradun		The Hill Charles Curpl	Girls	U-17	
	KV IMA Dehradun	28 to 31 May 2019	Football (Subroto Cup)		U-14	
	KV FRI Dehradun		Football		0-14	
Gurugram	KV Yol Cantt.	07 to 10 June 2019	Athletics	Girls	U-14,17,19	
Gurugram	Dharamshala	13 to 16 June 2019	Athletics	Boys	U-14,17,19	
Delhi	KV Bawana	11 to 14 June 2019	Skating	Girls	U-14,17,19	
Deini	NV DUWUIIU	17 to 20 June 2019		Boys	U-14,17,19	
	KV RK Puram	To be	Tennis	Girls	U-14,17,19	
	Sec. 4, New Delhi	intimated				
	KV RK Puram	shortly	Tennis	Boys	U-14,17,19	
	Sec. 2, New Delhi					
	KV Sector 5,	25 to 28 June 2019	Shooting	Boys	U-14,17,19	
	Dwarka, New Delhi					
	KV SPG Dwarka New Delhi			Girls		
	KV Gole Market	17 to 20 June 2019	Swimming & Diving	Boys	U-14,17,19	
	New Delhi			Girls		
	KV Pragati Vihar					
Bengaluru	REWA University, Bangalore	09 to 13 July 2019	Basketball mated shortly by KVS(	Boys	U-14 & 17	

-2-

The Deputy Commissioners of Agra, Bangalore Bhubaneswar, Chennai, Chandigarh, Dehradun, Delhi and Gurgaon Regions will inform the details of stay and play venue to all the Regions immediately under intimation to this office. They may also apply for advance if required from NSCB fund in the format given in Sports Modalities 2019-20.

All the Deputy Commissioners will ensure the confirm reservation of their contingents (To and Fro) journey as per the entitlement and no child should go without confirm ticket. All the Games and Sports activities will be conducted in accordance with the Sports Modalities 2019-20

In case of any query, National Sports Cell, KVS (HQ) may be contacted. All efforts should be made to conduct the 50<sup>th</sup> KVS National Sports Meet 2019-20 in a befitting manner.

This issues with the approval of the Competent authority.

Yours faithfully

M Dura Cuu

(Dr. P Devakumar) Deputy Commissioner (Acad & Sports) み・ほ・19

Copy to-

- 1. PS to Commissioner, KVS(HQ) for information.
- 2. PS to Additional Commissioner(Acad.) for information.
- 3. PS to Joint Commissioner( Trg. & Fin.) for information
- 4. Assistant director, Rajbhasha, KVS(HQ) New Delhi.
- 5. National Sports Cell, KVS(HQ) New Delhi.



## School Games Federation of India Campus Radha Ballabh Inter College

Recognised by-Ministry of Youth Affairs & Sports, Govt. of India Affiliated With International School Sports Federation, Asian School Sports Federation, Asian School Football Federation

E-mail : infosgfi@sgfibharat.com, president@sgfibharat.com Website : www.sgfibharat.com

#### No. S.G.F.I. /0673/18-19

#### All Affiliated Units

School Games Federation of India

#### Agra, dated: 07.09.2018

Shahganj, Agra - 282010 (U.P.) India

Tel: +91 0562-2211107, Mob: +91 9837885006

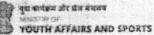
## NATIONAL SCHOOL ATHLETICS EVENTS AND SPECIPICATION

BOYS U-19		BOYS U-19 GIRLS U-19		BOYS U-17		GIRLS U-17		B/G U-14		
Sr.	Event	Specific	Event	Specific	Event	Specific	Event	Specific	Event	Specific
1.	100m	-	100m	•	100m		100m		100m	
2.	200m		200m	appende la cale	200m		200m		200m	
3.	400m		400m	•	400m	-	400m		400m	
4.	800m	-	800m		800m		800m	Statistics - States	600m	- address
5.	1500m	*	1500m		1500m		1500m		80m Hurdles	76.2 cm
6.	3000m	-	3000m	-	3000m		3000m		Long Jump	
7.	110m Hurdles	0.914m	100m Hurdles	0.762m	110m Hurdles	0.914m	100m Hurdles	0.762m	High Jump	
8	400m Hurdles	0.838m	400m Hurdles	0.762m	400m Hurdles	0.838m	400m Hurdles	0.762m	Shot Put	4.000 k Boys
9.	High Jump	•	High Jump	•	High Jump		High Jump		Shot Put	3.000 k Giris
10.	Long Jump	•	Long Jump	•	Long Jump		Long Jump		Discuss Throw	1.000 k
11.	Triple Jump	•	Triple Jump		Triple Jump		Triple Jump		4×100m Riy.	-
12.	Pole Vault		Pole Vault	Set 1	Pole Vault	-	Pole Vault	1 - 1		
13	Shot Put	5.000 kg	Shot Put	3.000 kg	Shot Put	5.000 kg	Shot Put	3.000 kg		ladis 4
14.	Discuss	1.500 kg	Discuss	1.000 kg	Discuss	1.500 kg	Discuss Throw	1.000 kg		
15.	Hammer Throw	5.000 kg	Hammer Throw	3.000 kg	Hammer Throw	5.000 kg	Hammer Throw	3.000 kg		
16.	Javelin Throw	700 gram	Javelin Throw	500.gram	Javelin Throw	700 gram	Javelin Throw	500 gram		
17.	4×100m Rly.		4×100m Rly.		4×100m Rly.	•	4×100m Ríy.			4.44
18.	4×400m Rly.		4×400m Rly.		5000m Walk		3000m Walk			
19.	S000m Walk	•	3000m Walk							
20.	Cross Country	6.0 km	Cross Country	4.0 km						

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(Dr. Rajesh Mishra) Secretary General/CEO School Games Federation of India









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Affiliated With International School Sports Federation,

Asian School Sports Federation, Asian School Football Federation

## School Games Federation of India

Campus Radha Ballabh Inter College Shahganj, Agra - 282010 (U.P.) India Tel : +91 0562-2211107, Mob : +91 9837885006 E-mail : infosgfi@sgflbharat.com, president@sgflbharat.com Website : www.sgflbharat.com

No.SGFI/0646/18-19

#### All Affiliated Units School Games Federation of India

#### Agra, Dated: 31.08.2018

## New Weight Categories for "WRESTLING" for 2018-19

### UNDER- 14 Boys & Girls:-

Freestyle (Boys)	Freestyle (Girls)
35 Kg	30 Kg
38 Kg	33 Kg
41 Kg	36 Kg
44 Kg	39 Kg
48 Kg	42 Kg
52 Kg	46 Kg
57 Kg	50 Kg
62 Kg	54 Kg
68 Kg	58 Kg
75 Kg	62 Kg

#### UNDER- 17 Boys & Girls:-

Freestyle & Greco-Roman (Boys)	Freestyle (Girls)
41-45 Kg	36-40 Kg
48 Kg	43 Kg
51 Kg	46 Kg
55 Kg	49 Kg
60 Kg	53 Kg
65 Kg	57 Kg
71 Kg	61 Kg
80 Kg	65 Kg
92 Kg	
110 Kg	69 Kg
and the second	73 Kg

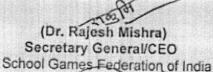
#### UNDER- 19 Boys & Girls:-

Freestyle (Boys)	Freestyle (Girls)	Greco-Roman (Boys)
57 Kg	50 Kg	Greco-Roman (Boys)
61 Kg		55 Kg
• 65 Kg	53 Kg	60 Kg
	55 Kg	63 Kg
70 Kg	57 Kg	67 Kg
74 Kg	59 Kg	72 Kg
79 Kg	62 Kg	
86 Kg	65 Kg	77 Kg
92 Kg		82 Kg
	68 Kg	87 Kg
97 Kg	72 Kg	97 Kg
125 Kg	76 Kg	130 kg
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India









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Recognised by-Ministry of Youth Affairs & Sports, Govt, of India

Member : International School Sports Federation, Asian School Sports Federation, Asian School Football Federation

PATRON-IN-CHIEF Dr. Abadh Kishore Mishra Director Public Instruction Directorate of Public Instruction, MP Geutern Negar, Bhopat - 462 023 Tel: 0755-2583820 (0) 2556345 (%) PRESIDENT Instant ups & Develops Acceler Padmashree Satpal Additional Director of Education (Sports) Government of NCT of Delhi Chhatrasal Stadium, Model Town, DELHI Tel: 011-27231018 (O) 27488040 (R) Fax No. : 011-27254503

Dr. Rajesh Mishra Co-ordinator U.P. School Games, Office (Comput) Radha Baliabh Istar Collega, Shahgani, Aora (U.P.) Ph. 0502-2211107

SECRETARY GENERAL

Narendra M. Sopal Juit Diecks, Diackaste of Sorts & Yosh Services Old Centrel Building, First Floor, Mehanashira State, Pune (M.S.)-411001 Ph. 020-20140046, 020-20140071 Mob.: 9422741902, 901155533 Fax: 020-20140076

TREASURER

No. SGFI/0060/15-16

Date: 19.07.2015

To, All Affiliated Units School Games Federation of India

<u>Revised</u>

Sub: Regarding Technical Rules & Age Group for 61<sup>st</sup> National School Games 2015-16.

Dear Sir/Madam,

The decision for safety purpose about various discipline taken in the General Council Meeting of School Games Federation of India on 09<sup>th</sup> & 10<sup>th</sup> June 2015 at LNIPE Guwahati, Assam are given as under :-

01. A player can participate in any discipline, in <u>the same age group for Three Years Only</u>. However, if a player fails in his/her class, he/she can participate <u>only once thereafter</u> in the same Age group with same class/standard (i.e. player can participate two times with the same class).

- 02. In the Age group of <u>Under-14</u>, a player studying below <u>6<sup>th</sup> standard/class will not be allowed</u> to participate in the National School Games.
- 03. In the Age group of <u>Under-11</u>, a player studying below <u>3<sup>rd</sup> Class/standard will not be allowed</u> to participate in the National School Competitions. A player studying in Class 3<sup>rd</sup> to Class 5<sup>th</sup> are only allowed to participate in National School Games Competition, A player above 5<sup>th</sup> Class will not be allowed to participate in National School Games.
- 04. In Discipline of Table Tennis, Badminton, Chess, Carrom, Lawn Tennis Championships following rule applies :
  - i) In the <u>Team/Event</u> Min. 3 Players and Max 5 Players can participate
  - ii) In the Individual/Event Max. of 2 players from One State/UT/Units can participate.
  - 05. In Discipline of Weight Category slots, if a player does not fit in to the range of weight slots specified (i.e. either being UNDER-WEIGHT OR OVER-WEIGHT), then in such case, the player will be considered <u>Disgualified</u> and the Participation Certificate will not be issued.

Thanking you,

12 Par (Dr. Rajesh Mishra) Secretary General School Games Federation of India

Agra, Dated: 19.07.2015

No. SGFI/ 0061 /15-16

Copy to:-

1. Shri Padmabhushan Satpal, President, SGFI.

log on to www.sglibharat.com E-mail:info@sglibharat.com E-mail:satpal@sglibharat.com

2. Shri N.M.Sopal, Treasurer, SGFI & JLDirector, DSYS, Pune, Maharashtra.



E-mail: rajesh@sgflbharat.com E-mail: gandharaopol@gmail.com E-mail: murthy@sgflbharat.com

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## School Games Federation of India

Recognised by-Ministry of Youth Affairs & Sports, Govt. of India Affiliated With International School Sports Federation, Asian School Sports Federation, Asian School Football Federation

Campus Radha Ballabh Inter College Shahganj, Agra - 282010 (U.P.) India Tel: +91 0562-2211107, Mob: +91 9837885006 E-mail : infosgfi@sgfibharat.com, president@sgfibharat.com Website : www.sgfibharat.com

Therefore, it becomes utmost important for all the States/Units/UTs to ensure that no single deserving talented school player from their region is left out from playing this year's SGFI NSGs. Also, to be noted that, during any NSGs and Khelo India NSG, NADA test can be carried out, so in this regard all States/Units/UTs must cooperate and give their full support.

#### Mandatory Note:

For Age Verification, all students/players must be in possession of any TWO of the following proofs - AADHAAR-CARD, PASSPORT, BIRTH-CERTIFICATE OR HIGH SCHOOL CERTIFICATE/MARKSHEET.

If any student/player is unable to produce the said proofs at the venue, on demand by any Capable Officer/SGFI Official, will be DISQUALIFIED from participation and whose responsibility will be of the concerned State/Unit/UT.

Thanking you,

Secretary General / CEO School Games Federation of India

Copy to:-

- 1. The Secretary (Sports), GOI-MYAS, Shastri Bhawan, New Delhi.

- The Joint Secretary (Sports), GOI-MYAS, Shastri Bhawan, New Delhi.
   The Under Secretary, GOI-MYAS, Shastri Bhawan, New Delhi.
   The Regional Director, SAI, N.Delhi and Co-Chairman, KHELO INDIA.
- 5. The President, School Games Federation of India.
- 6. The Working President, School Games Federation of India.
- The Treasurer, School Games Federation of India.

Secretary General / CEO School Games Federation of India



यवा कार्यक्रम और खेल मंत्रालय YOUTH AFFAIRS AND SPORTS





